

**MiniMax<sup>®</sup>**

THE NATURAL FIT



## Surgical Technique

Hip

Knee

Spine

Navigation

## INTRODUCTION

*The MiniMAX® is a cementless anatomic stem available in 9 right sizes and 9 left sizes.*

*The anatomical design results in a 9° antetorsion of the neck and a 5° curvature on the distal tip to follow the contours of the femoral canal. Size by size the head center and the volume of the prosthesis are designed to restore anatomy and provide the best fit and fill.*

*Carefully read the instructions for use and if you have any questions concerning product compatibility please contact your Medacta® representative.*

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## 1 INDICATIONS

The MiniMAX® stem is designed for use in total or partial hip arthroplasty for primary or revision surgery. Total hip arthroplasty is indicated in the following cases:

- Severely painful and/or disabled joint as a result of arthrosis, traumatic arthritis, rheumatoid polyarthritis or congenital hip dysplasia
- Avascular necrosis of the femoral head
- Acute traumatic fracture of the femoral head or neck
- Failure of previous hip surgery: joint reconstruction, internal fixation, arthrodesis, partial hip arthroplasty, hip resurfacing replacement or total hip arthroplasty

Partial hip arthroplasty is indicated in the following cases:

- Acute traumatic fracture of the femoral head or neck
- Non-union of femoral neck fracture
- Avascular necrosis of the femoral head
- Primary pathology involving the femoral head but with a non deformed acetabulum.

## 2 CONTRAINDICATIONS

The MiniMAX® stem contraindications are the standard contraindications for total or partial hip replacement:

- Acute, systemic or chronic infection
- Skeletal immaturity
- Severe muscular, neurological, vascular deficiency or other pathologies of the affected limb that may compromise the function of the implant
- Bone condition that may compromise the stability of the implant.

Mental or neuromuscular disorders may create an unacceptable risk to the patient and can be a source of postoperative complications.

It is the surgeon's responsibility to ensure that the patient has no known allergy to the materials used.

## 3 SPECIAL CONSIDERATIONS

The quality of the cancellous bone and the integrity of the cortical bone in the metaphyseal femur have to be considered for a successful implantation of the stem. Since MiniMAX® stems are designed to reproduce the anatomical antetorsion of the natural femur, it is important to take into account this aspect (especially with dysplastic hips) to ensure that a correct reconstruction is possible.

## 4 PREOPERATIVE PLANNING

Careful preoperative planning is essential. It will help the surgeon to pre-select the femoral implant size in order to restore an architecture corresponding to the operated patient's anatomy. In addition, using the set of X-ray templates to the scale of 1.15:1 (with an X-ray of the same magnification), it will be possible to determine:

- The implant size, that must ensure the best metaphyseal fill with the shoulder resting on the infero-lateral part of the greater trochanter
- The level of the neck cut, at about 60° with respect to the femoral axis
- The neck length
- The prosthetic rotation centre

**NOTICE:** the final implant will be selected intra-operatively, because of possible discrepancies between actual conditions and templating.

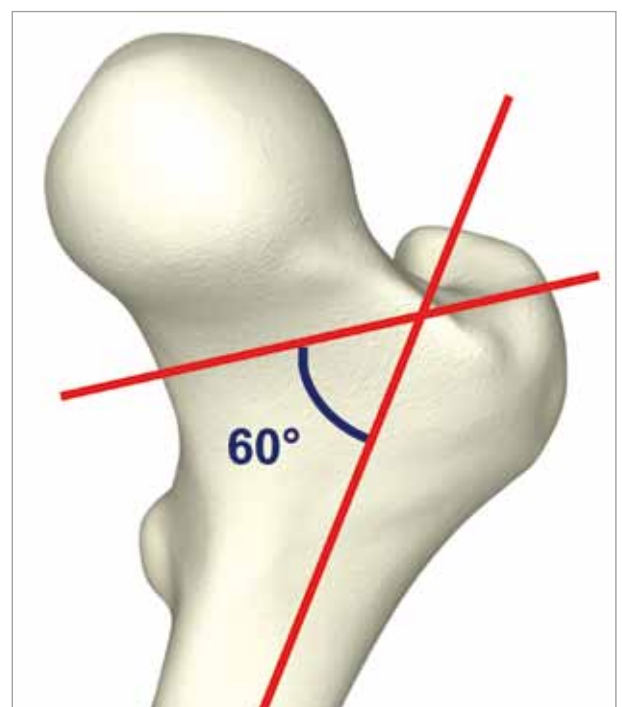
## 5 SURGICAL APPROACH

The choice of surgical approach is up to the surgeon.

The instrumentation has been developed for posterior and lateral approaches. A specific instrumentation for the anterior approach is available upon request (for further information see the AMIS® dedicated surgical technique).

## 6 FEMORAL NECK OSTEOTOMY

The level of the neck cut is determined during preoperative planning using the X-Ray templates. The femoral neck osteotomy is at an angle of approximately 60° to the diaphyseal axis of the femur. The resection is performed with an oscillating saw, taking care to maintain the angle of the cut. The femoral head is removed using an extractor.



## 7 FEMORAL PREPARATION

For access to the medullary canal, the thigh is held in the position providing the best exposure of the dyaphyseal axis, depending on the selected approach.

Create an access to the femur canal with the smallest broach or with the chisel. Remove the bone so that the spongiosa of the greater trochanter does not interfere with the broaches.

There are left and right broaches available. Make sure the correct one is used.

The correct starting point is the piriformis fossa, which is located directly over the medullary canal.

This opening should be aligned with the femoral canal. To achieve femoral canal alignment, place the instrument, the broach or the chisel, laterally close to the piriformis fossa.

The MiniMAX® is an anatomical stem that will find its way naturally in the femur reproducing the natural antetorsion of the femur. The chisel should not determine the antetorsion. Because of the 9° anteversion of the neck, we advise reducing the acetabular anteversion during the implantation of the cup.

For an anterior approach, do not use the chisel because of the possibility of entering the femur with a curved path. Use a curette from bottom to top to clear the lateral proximal metaphysis.

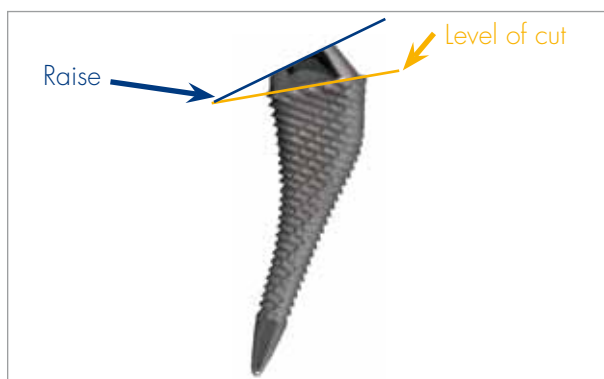
**NOTICE:** in varus hips the proper entrance of the medullary canal and reproduction of the longitudinal axis of the femur can be adequately obtained by reaming the medial part of the greater trochanter.

Broaching of the proximal femur should begin with the smallest broach.

Assemble the broach on the manual broach handle.



The MiniMAX® implant has a neck length that increases with the size. In order to always use the same trial necks, the broaches have a raise without teeth. The raise is different for each size and has to be above the femoral cut. The broaches must be inserted at optimum level determined by the neck cut until the level of the last tooth. Never force impaction.



Advance sequentially along the medullary canal using broaches of increasing size until optimal metaphyseal filling is achieved. Ensure proper alignment and antetorsion are achieved.

The final broach should be rotationally stable to assure perfect stability of the implant.

## 8 TRIALING

Once the femoral broach is in place with a good rotational stability, position a trial neck, left or right depending on the side being operated on.



To lock the trial necks to the broach press onto the socket; to unlock pull the neck.



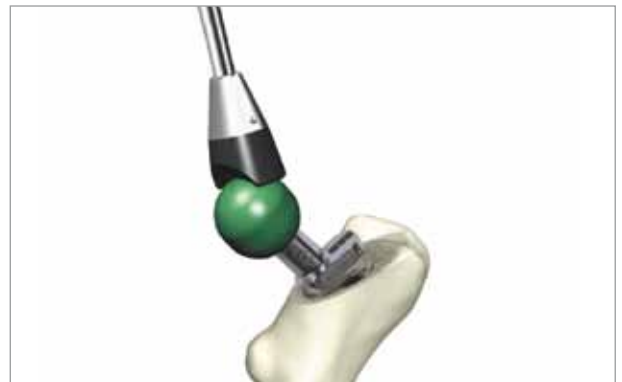
Trial heads of different diameters and heights are available to perform the trial reductions.

A trial head is fitted to the trial neck by pushing it onto the taper.

To make head insertion easier wet the head before insertion.



After placement of the trial or final acetabular component, the trial reduction is performed with the aid of the head impactor.



**NOTICE:** the head impactor must be used only for head impaction and reduction and not for the correction of the acetabular shell position.

To remove a trial head, simply pull it.

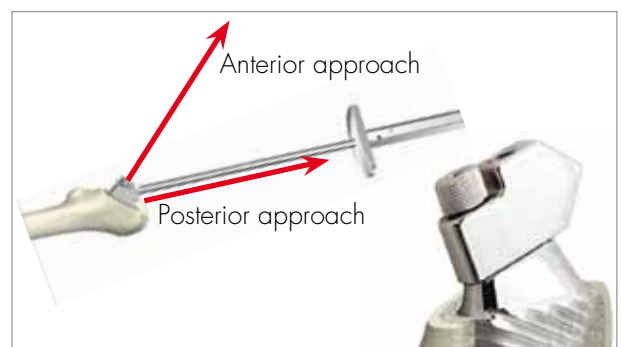
### TRICK

If the trial head is difficult to remove from the trial neck, wet the trial head - trial neck assembly. Turn and pull a little on the trial head in order to facilitate its extraction.

After checking and testing mobility, joint stability and lower limb length, remove the broach.

### TRICK

An extraction system can be used if the broach is difficult to remove. First screw the broach extractor into the broach. Depending on the selected approach, screw the screwed stem extractor M8 onto the broach extractor. Pull out the broach.



## 9 FINAL IMPLANTS

Insert the final prosthesis into place. The final prosthesis corresponds to the size of the last trial broach and to the side (left or right) corresponding to the operated leg.

### ! WARNING

Take care not to damage the neck's micro-thread while placing the final implant.

The stem is moved down to the limit corresponding to the test. Final impaction is done carefully with a dedicated impactor.

Another trial reduction can be performed if necessary to determine the final neck length.



### ! CAUTION

The metallic head sizes XL (for Ø 28 mm and Ø 32 mm) and XXL (for Ø 28 mm, Ø 32 mm and Ø 36 mm) have a collar. This may decrease the Range of Motion in comparison to smaller sizes. Always perform trial reduction with the chosen head.

The stem taper must be thoroughly cleaned before impacting the prosthetic head.

Place the final head of the chosen size.



### ! WARNING

Never use a metal hammer to fix a ceramic head. Use only the plastic head impactor provided for this purpose.

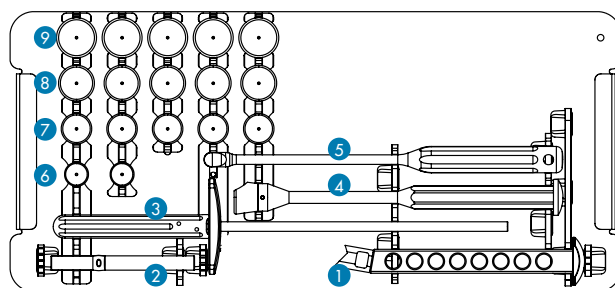
### ! CAUTION











For further details please refer to the instructions for use for ceramic femoral heads.



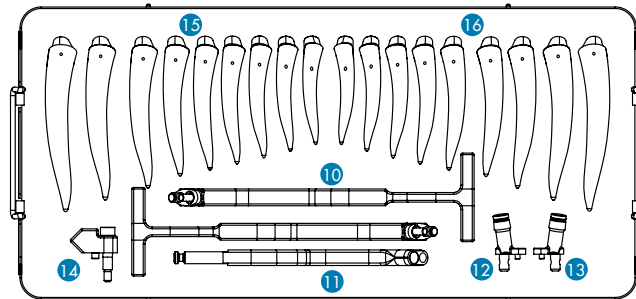
# 10 INSTRUMENTATION NOMENCLATURE








## MiniMAX® INSTRUMENT SET - TRAY N° 1.1



| N. | Reference    | Description                       |   |
|----|--------------|-----------------------------------|---|
| 1  | 01.10.10.001 | Chisel                            |    |
| 2  | 01.10.10.025 | Broach handle orientator          |   |
| 3  | 01.10.10.003 | Screwed stem extractor M8         |  |
| 4  | 01.10.10.063 | Head impactor/Handle              |  |
|    | 01.10.10.064 | Head impactor/Terminal            |   |
| 5  | 01.18.10.060 | Stem impactor                     |  |
| 6  | 01.10.10.170 | Trial head Ø 22 mm Size S -2.5    |  |
|    | 01.10.10.171 | Trial head Ø 22 mm Size M 0       |   |
| 7  | 01.10.10.110 | Trial head Ø 28 mm Size S -3.5    |  |
|    | 01.10.10.111 | Trial head Ø 28 mm Size M 0       |   |
|    | 01.10.10.112 | Trial head Ø 28 mm Size L +3.5    |   |
|    | 01.10.10.113 | Trial head Ø 28 mm Size XL +7     |   |
|    | 01.10.10.109 | Trial head Ø 28 mm Size XXL +10.5 |   |
| 8  | 01.10.10.140 | Trial head Ø 32 mm Size S -3.5    |  |
|    | 01.10.10.141 | Trial head Ø 32 mm Size M 0       |   |
|    | 01.10.10.142 | Trial head Ø 32 mm Size L +3.5    |   |
|    | 01.10.10.143 | Trial head Ø 32 mm Size XL +7     |   |
|    | 01.10.10.144 | Trial head Ø 32 mm Size XXL +10.5 |   |
| 9  | 01.10.10.160 | Trial head Ø 36 mm Size S -3.5    |  |
|    | 01.10.10.161 | Trial head Ø 36 mm Size M 0       |   |
|    | 01.10.10.162 | Trial head Ø 36 mm Size L +3.5    |   |
|    | 01.10.10.163 | Trial head Ø 36 mm Size XL +7     |   |
|    | 01.10.10.164 | Trial head Ø 36 mm Size XXL +10.5 |   |
|    | 01.10.10.627 | Trial head Ø 40 mm Size S -3.5    |  |
|    | 01.10.10.628 | Trial head Ø 40 mm Size M 0       |   |
|    | 01.10.10.629 | Trial head Ø 40 mm Size L +3.5    |   |
|    | 01.10.10.630 | Trial head Ø 40 mm Size XL +7     |   |
|    | 01.10.10.631 | Trial head Ø 40 mm Size XXL +10.5 |   |

MiniMAX® INSTRUMENT SET - TRAY N° 1.2



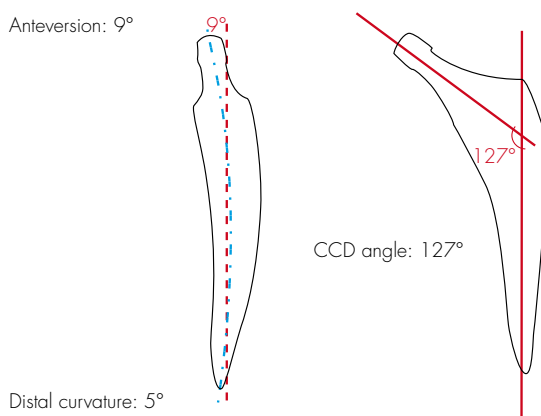
| N.             | Reference                  | Description                 |   |
|----------------|----------------------------|-----------------------------|---|
| 10             | 01.10.10.106               | Broach handle               |    |
| 11             | 01.10.10.069               | Motorized broach handle     |   |
| 12             | 01.13.10.1140R             | Trial neck Right            |  |
| 13             | 01.13.10.2140L             | Trial neck Left             |  |
| 14             | 01.15.10.0070              | Broach extractor            |  |
| 15             | 01.13.10.1100R             | Grinded broach Size 0 Right |  |
|                | 01.13.10.1101R             | Grinded broach Size 1 Right |   |
|                | 01.13.10.1102R             | Grinded broach Size 2 Right |   |
|                | 01.13.10.1103R             | Grinded broach Size 3 Right |   |
|                | 01.13.10.1104R             | Grinded broach Size 4 Right |   |
|                | 01.13.10.1105R             | Grinded broach Size 5 Right |   |
|                | 01.13.10.1106R             | Grinded broach Size 6 Right |   |
|                | 01.13.10.1107R             | Grinded broach Size 7 Right |   |
| 16             | 01.13.10.1108R             | Grinded broach Size 8 Right |  |
|                | 01.13.10.2100L             | Grinded broach Size 0 Left  |   |
|                | 01.13.10.2101L             | Grinded broach Size 1 Left  |   |
|                | 01.13.10.2102L             | Grinded broach Size 2 Left  |   |
|                | 01.13.10.2103L             | Grinded broach Size 3 Left  |   |
|                | 01.13.10.2104L             | Grinded broach Size 4 Left  |   |
|                | 01.13.10.2105L             | Grinded broach Size 5 Left  |   |
|                | 01.13.10.2106L             | Grinded broach Size 6 Left  |   |
| 01.13.10.2107L | Grinded broach Size 7 Left |                             |   |
| 01.13.10.2108L | Grinded broach Size 8 Left |                             |   |

|  |               |                                 |  |
|--|---------------|---------------------------------|--|
|  | 01.13.10.4000 | Empty tray                      |  |
|  | 02.02.10.0412 | External tray for sterilisation |  |
|  | 01.13.10.0010 | MiniMAX® Templates 115%         |  |

Trays available in the operating room may not contain all of the instruments listed in the surgical technique, but the instruments supplied are enough to complete the surgery. In case of need all of the instruments listed can be ordered on request.

# 11 IMPLANTS NOMENCLATURE

| MiniMAX®   |      |            |
|------------|------|------------|
| Left       | Size | Right      |
| 01.13.100L | 0    | 01.13.100R |
| 01.13.101L | 1    | 01.13.101R |
| 01.13.102L | 2    | 01.13.102R |
| 01.13.103L | 3    | 01.13.103R |
| 01.13.104L | 4    | 01.13.104R |
| 01.13.105L | 5    | 01.13.105R |
| 01.13.106L | 6    | 01.13.106R |
| 01.13.107L | 7    | 01.13.107R |
| 01.13.108L | 8    | 01.13.108R |



## HEADS

| Diameter | Size | Stainless steel | CoCr                    | CeramTec<br>BIOLOX® <i>delta</i> | CeramTec<br>BIOLOX® Option <sup>1</sup> |
|----------|------|-----------------|-------------------------|----------------------------------|---|
| Ø 22 mm  | S    | 01.25.130       | 01.25.124               | -                                | -                                       |
| Ø 22 mm  | M    | 25055.2203      | 01.25.123               | -                                | -                                       |
| Ø 28 mm  | S    | 25055.2801      | 01.25.011               | 38.49.7175.445.00                | 38.49.7176.935.81                       |
| Ø 28 mm  | M    | 25055.2803      | 01.25.012               | 38.49.7175.455.00                | 38.49.7176.935.82                       |
| Ø 28 mm  | L    | 25055.2805      | 01.25.013               | 38.49.7175.465.00                | 38.49.7176.935.85                       |
| Ø 28 mm  | XL   | 25055.2807      | 01.25.014               | -                                | 38.49.7176.935.84                       |
| Ø 28 mm  | XXL  | 25055.2810      | 01.25.015               | -                                | -                                       |
| Ø 32 mm  | S    | 25055.3201      | 01.25.021               | 38.49.7175.665.00                | 38.49.7176.945.81                       |
| Ø 32 mm  | M    | 25055.3203      | 01.25.022               | 38.49.7175.675.00                | 38.49.7176.945.82                       |
| Ø 32 mm  | L    | 25055.3205      | 01.25.023               | 38.49.7175.685.00                | 38.49.7176.945.85                       |
| Ø 32 mm  | XL   | 25055.3207      | 01.25.024               | 38.49.7181.345.00                | 38.49.7176.945.84                       |
| Ø 32 mm  | XXL  | 25055.3210      | 01.25.025               | -                                | -                                       |
| Ø 36 mm  | S    | -               | 01.25.030               | 38.49.7179.275.00                | 38.49.7176.965.81                       |
| Ø 36 mm  | M    | -               | 01.25.031               | 38.49.7179.285.00                | 38.49.7176.965.82                       |
| Ø 36 mm  | L    | -               | 01.25.032               | 38.49.7179.295.00                | 38.49.7176.965.85                       |
| Ø 36 mm  | XL   | -               | 01.25.033               | 38.49.7175.925.00                | 38.49.7176.965.84                       |
| Ø 36 mm  | XXL  | -               | 01.25.034               | -                                | -                                       |
| Ø 40 mm  | S    | -               | 01.25.085 <sup>II</sup> | 38.49.7179.885.00                | 38.49.7179.815.81 <sup>II</sup>         |
| Ø 40 mm  | M    | -               | 01.25.086 <sup>II</sup> | 38.49.7179.895.00                | 38.49.7179.815.82 <sup>II</sup>         |
| Ø 40 mm  | L    | -               | 01.25.087 <sup>II</sup> | 38.49.7179.905.00                | 38.49.7179.815.85 <sup>II</sup>         |
| Ø 40 mm  | XL   | -               | 01.25.088 <sup>II</sup> | 38.49.7179.915.00                | 38.49.7179.815.84 <sup>II</sup>         |
| Ø 40 mm  | XXL  | -               | 01.25.089 <sup>II</sup> | -                                | -                                       |

<sup>1</sup> Specific for ceramic head revision<sup>II</sup> On request

## 12 POSSIBLE IMPLANTS COMBINATIONS

All Medacta® implant possible combinations are represented in the table "Medacta® Hip product compatibility" (ref. 99.99.COM), available at [www.medacta.com](http://www.medacta.com).

**NOTICE:** in case of a ceramic-on-ceramic bearing it is compulsory to use compatible ceramic femoral heads and liners.



Part numbers subject to change.

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## NOTE FOR STERILIZATION

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The instrumentation is not sterile upon delivery. It must be cleaned before use and sterilized in an autoclave respecting the regulations of the country, EU directives where applicable and following the instructions for use of the autoclave manufacturer. For detailed instructions please refer to the document "Recommendations for cleaning decontamination and sterilization of Medacta® International orthopaedic devices" available at [www.medacta.com](http://www.medacta.com).

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