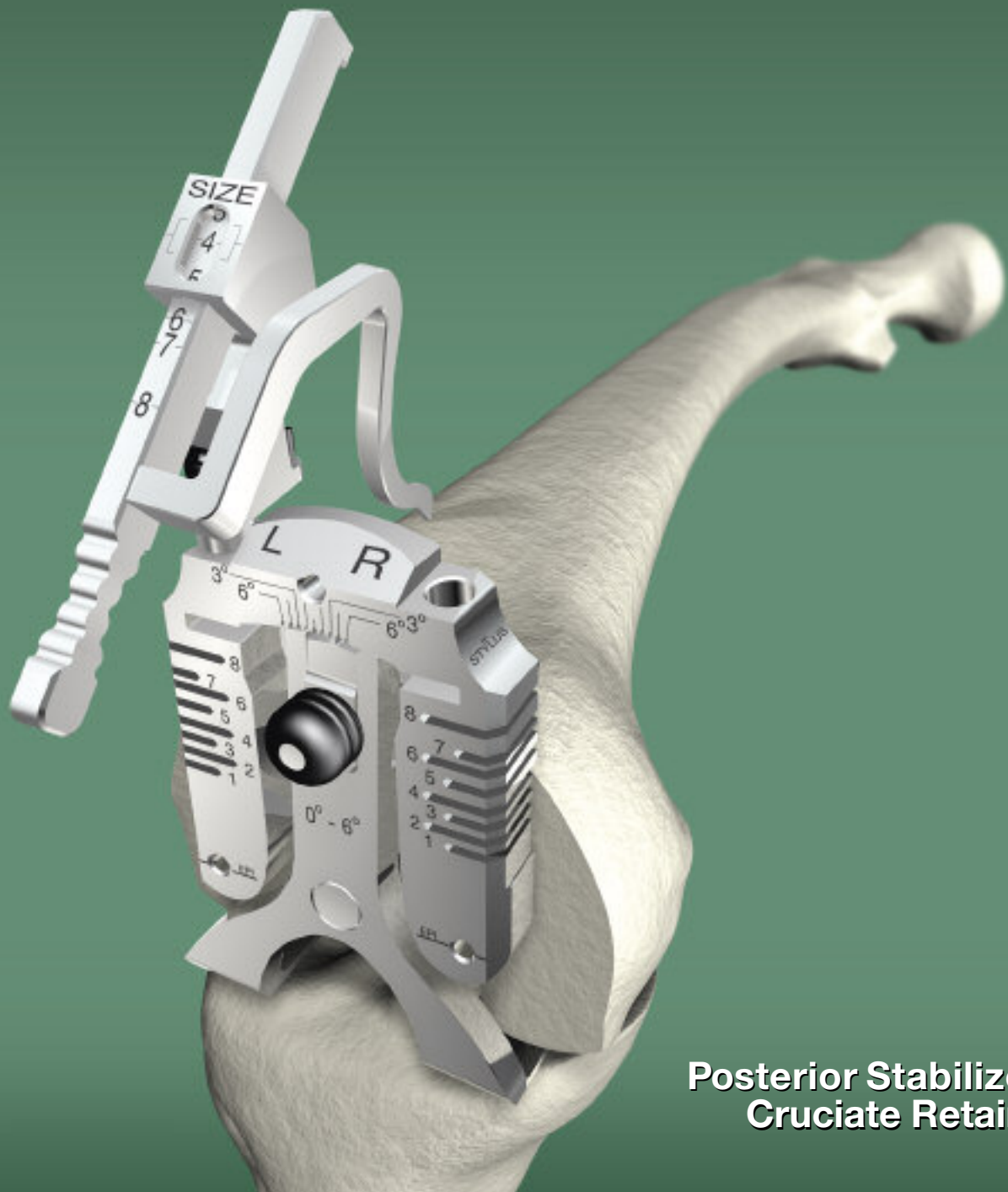


**The information contained in this document  
is intended for healthcare professionals only.**

# Triathlon Knee System

Express Instruments  
Surgical Protocol



Posterior Stabilized &  
Cruciate Retaining



# Triathlon Knee System

## Express Instruments Surgical Protocol

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# Triathlon Knee System

## Express Instruments Surgical Protocol

### Acknowledgments

Stryker Orthopaedics wishes to thank the global Triathlon Knee System Surgeon Panel for their dedication to the development and refinement of the Triathlon Knee System and instrumentation.



# Surgical Procedure

# Triathlon Knee System

## Express Instruments Surgical Protocol



Figure 1

### Exposure

- ▶ A standard anterior midline incision is utilized. Any previous incision can be used or incorporated to decrease the risk of skin slough.
- ▶ The capsule is entered through a medial parapatellar approach.



Figure 2

### Femoral Preparation

#### *Femoral Intramedullary Alignment*

- ▶ The Universal Driver allows for attachment of all drills and pins. The Universal Driver may be attached directly to a reamer, drill, or a Jacob's Chuck.
- ▶ Locate the IM drill hole. It is approximately 1cm anterior to the femoral attachment of the posterior cruciate ligament and slightly medial to the midline of the distal femur.
- ▶ Attach the 3/8" IM Drill to the Universal Driver and drill into the IM canal. The first diameter will create a tight fit around the IM Rod. If further clearance is desired, continue to drill until the larger step diameter opens the hole.

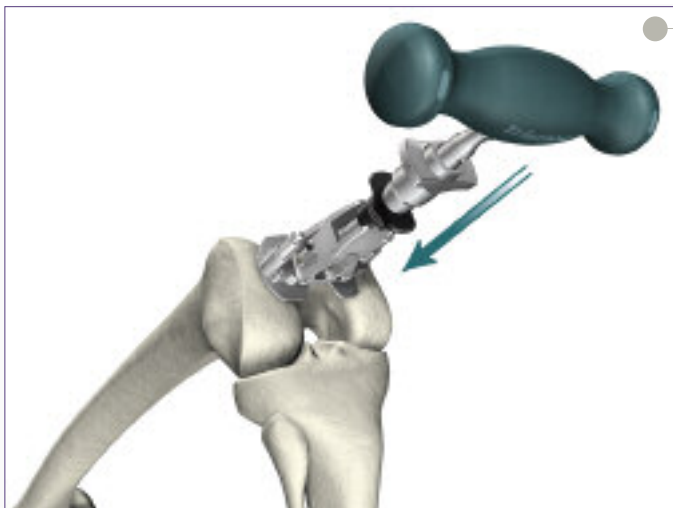
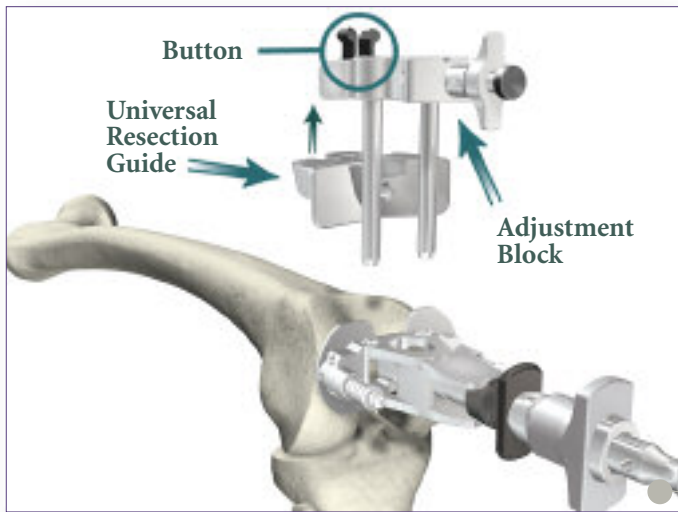


Figure 3

- ▶ Attach the T-Handle Driver to the 5/16" IM Rod. Insert the IM Rod into the Femoral Alignment Guide. The Femoral Alignment Guide is designed for use on either the left or right knee and may be set to 5, 6 or 7° of valgus. Set the instrument to the desired angle by pulling back on the black knob of the Femoral Alignment Guide and placing it in the appropriate notch. Advance the rod, with attached guide, slowly up the IM canal until the desired depth is reached.

## Instrument Bar



*Figure 4*

- ▶ Snap the Universal Resection Guide onto the Adjustment Block and insert the posts of the Adjustment Block into the two holes in the Femoral Alignment Guide.
- ▶ Place the Femoral Alignment Guide in contact with the more prominent distal femoral condyle and align the guide in neutral position.
- ▶ Impact the distal captured pins in the Femoral Alignment Guide to aid in stabilization.

**Note:** Impacting a distal capture pin that does not make contact with the femoral condyle may result in a change in the alignment setting.

- ▶ Pin the Distal Resection Guide to the anterior femur.

**6541-4-801**  
Universal Driver



**6541-4-538**  
3/8" IM Drill



**6541-4-800**  
T-Handle Driver



**6541-4-516**  
5/16" IM Rod



**6541-1-657**  
Femoral Alignment Guide



**6541-1-721**  
Universal Resection Guide



**6541-1-600**  
Adjustment Block





# Triathlon Knee System

## Express Instruments Surgical Protocol

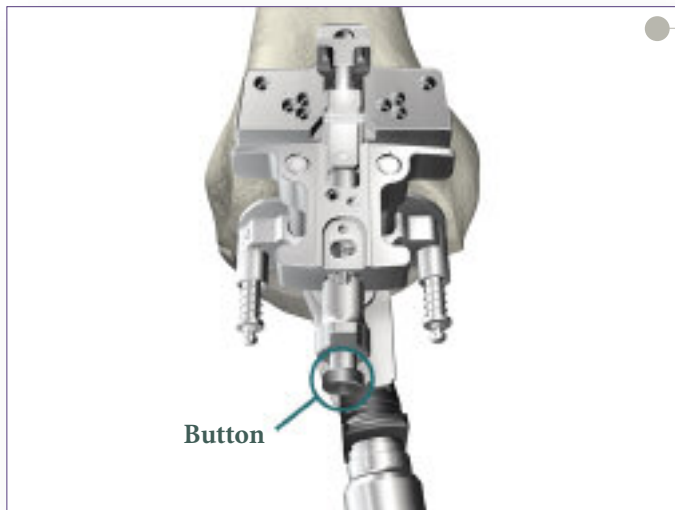


Figure 5

- ▶ The Adjustment Block allows for an 8mm (the distal thickness of the femoral component) and 10mm (used to aid in the correction of a flexion contracture) resection level. Press the black button on the end of the Adjustment Block and pull to set the resection to the desired level.
- ▶ Pin the Universal Resection Guide to the anterior femur.

**Note:** If the medial “O” pin hole is too close to the edge of the bone (on smaller femurs), use the holes marked “2” which are closer to the center of the bone.

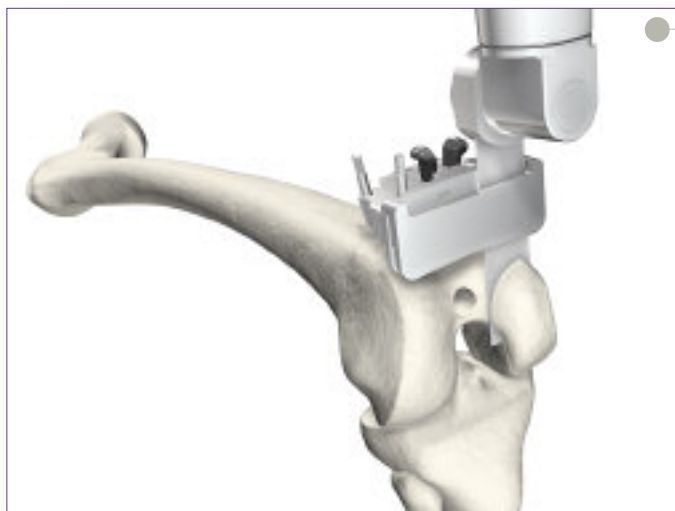


Figure 6

- ▶ After the Universal Resection Guide is pinned in place, remove the IM Rod. The Femoral Alignment Guide and the Adjustment Block may be removed by squeezing the black tabs on the Adjustment Block.
- ▶ The distal femoral resection is made. An optional Modular Capture - may be attached to the Universal Resection Guide. Squeeze the black tabs on the Modular Capture - Distal Resection to insert into the Universal Resection Guide. When using a modular capture, a .050" (1.25mm) blade is used.
- ▶ Remove the Modular Capture and check the resection for flatness. Remove the Universal Resection Guide.

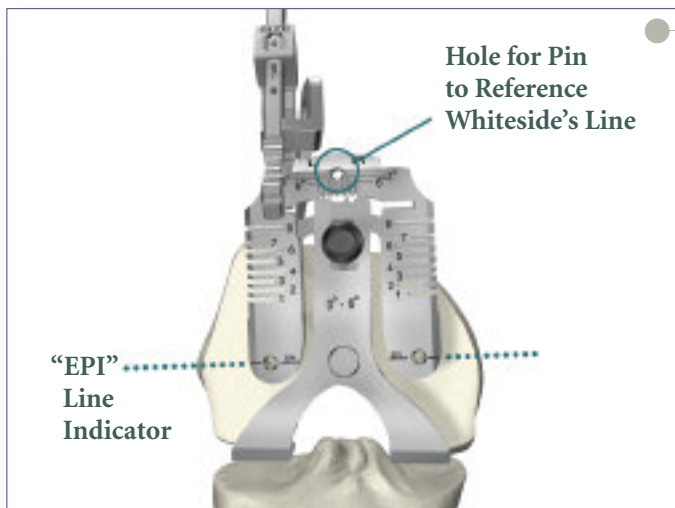


Figure 7

### Femoral Sizing

- ▶ Assemble the Femoral Sizer with the Femoral Stylus in the appropriate lateral hole, setting the stylus length to an approximate size. Set the rotation to “LEFT” for a left leg and “RIGHT” for a right leg and adjust to the desired amount of external rotation.
- ▶ A secondary rotational check can be made by lining up the epicondyles with the reference lines marked “EPI”. A tertiary check is to assess Whiteside’s line with a pin through the hole in the top of the guide.
- ▶ In the event of a hypoplastic femoral condyle: Pin the Femoral Sizer through the EPI hole on the unaffected side for stability. Rotate the Femoral Sizer and assess rotation using the rotational checks mentioned above.

# Instrument Bar

Femoral Preparation

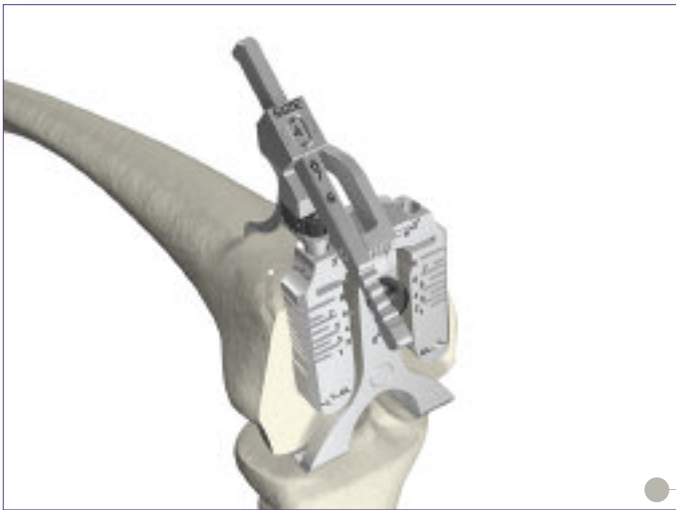


Figure 8

- ▶ Position the assembly flush on the resected distal femur, sliding the feet of the Femoral Sizer under the posterior condyles. The Femoral Stylus point should be placed on the lateral cortex.
- ▶ It is important that the Femoral Stylus point rest on bone and not on soft tissue.

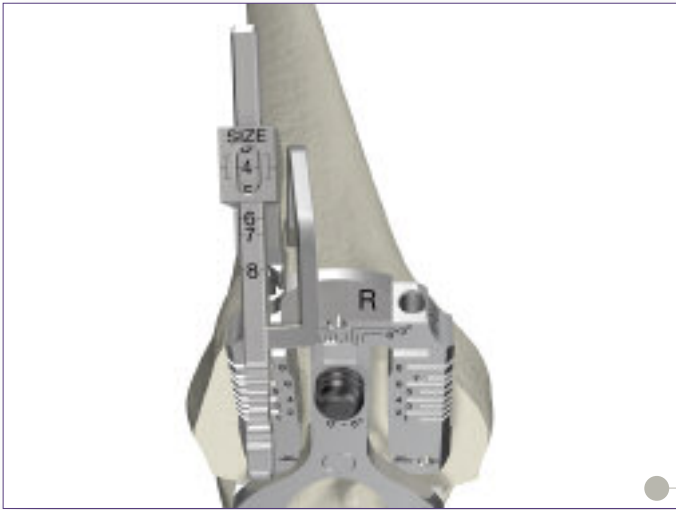


Figure 9

- ▶ The size is determined by the position of the scribe mark on the Femoral Stylus shaft within the sizing window.

**6541-1-600**  
Adjustment Block



**6541-1-657**  
Femoral Alignment Guide



**6541-1-721**  
Universal Resection Guide



**6541-4-806**  
Universal Alignment Handle



**6541-4-602**  
Universal Alignment Rods



**6541-1-723**  
Modular Capture - Distal Resection



**6541-1-603**  
Femoral Sizer



**6541-1-605**  
Femoral Stylus



**6541-4-003**  
Headless Pins - 3"



# Triathlon Knee System

## Express Instruments Surgical Protocol

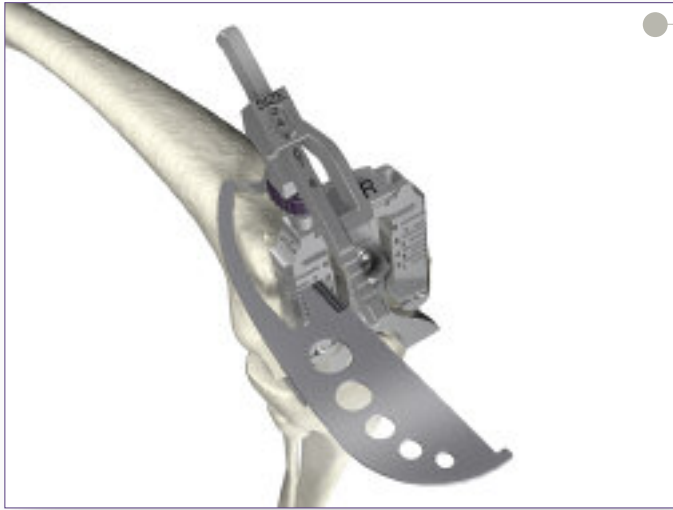


Figure 10

- ▶ It is recommended that the anterior resection level be checked to further confirm the correct size by sliding a Bladerunner through the sizing guide's size-specific anterior slots and assessing the resection.
- ▶ Once size confirmation is complete, attach the 1/8" Peg Drill to the Universal Driver and create fixation pin-holes (for the 4:1 Cutting Block) through the holes on the face of the Femoral Sizer marked "EPI".
- ▶ Locate the fixation pegs of the appropriate size Express 4:1 Cutting Block into the pin holes created on the distal femur.

**Note:** Check run-out of the anterior cut. If there is a pronounced positive step, consider selecting the next smaller size 4:1 Cutting Block if the anterior femur preparation is not adequate.

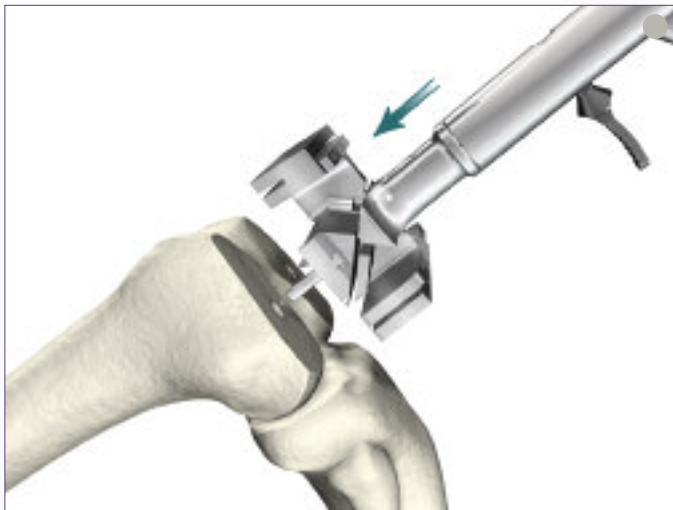


Figure 11

### *Femoral Anterior, Posterior and Chamfer Resections*

- ▶ Complete the remaining four femoral bone resections.
- ▶ The use of a .050" (1.25mm) thick sawblade is recommended.
- ▶ The order of bone resections is not critical; however, a recommended sequence for improved stability of the 4:1 Cutting Block is:
  1. Anterior cortex.
  2. Posterior condyles.
  3. Posterior chamfer.
  4. Anterior chamfer.

**Note:** Cutting the anterior chamfer later helps stabilize the cutting guide.

- ▶ Remove the 4:1 Cutting Block.



Figure 12

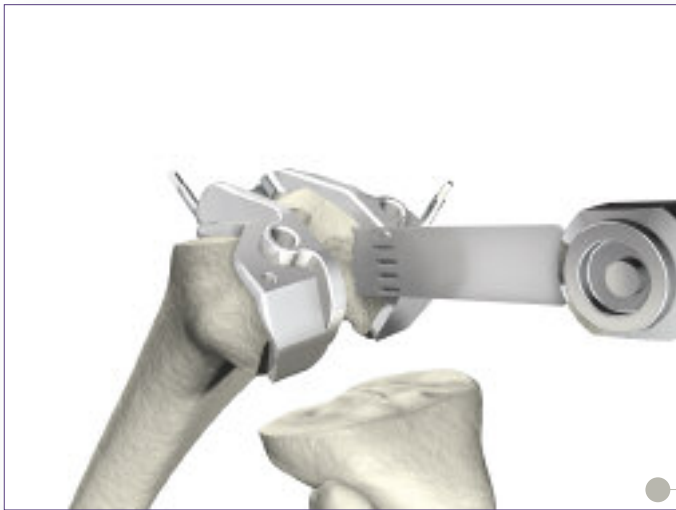


Figure 13

### PS Box Preparation (Optional)

- ▶ If it is determined that a PS component will be used, the PS box must be prepared on the distal femur.
- ▶ Place the appropriate size (universal left or right) PS Box Cutting Guide on the resected distal femur. With the exception of the anterior geometry the guide matches the periphery of the corresponding implant.
- ▶ M/L placement of the guide is based primarily on best coverage of the distal bone and alignment of the box opening with the intercondylar notch.
- ▶ Pin the PS Box Cutting Guide using Headless Pins, placing one pin distally and one pin anteriorly, as needed.
- ▶ Cut the cortical rim on both sides of the posterior-most portion of the intercondylar notch using the oscillating saw.

From this point, there are two ways to complete PS box preparation:

1. Saw Only: a small reciprocating saw can be used to resect the medial and lateral borders of the intercondylar notch to the proximal portion of the cutting guide. A thin, narrow oscillating saw is then used through the proximal slot to resect the distal portion of the femur.

## Instrument Bar

**6541-1-603**  
Femoral Sizer



**6541-1-605**  
Femoral Stylus



**6541-4-400**  
Bladerunner



**See Catalog**  
Express 4:1 Cutting Block



**6541-7-806**  
MIS 4:1 Impactor/Extractor



# 1 - **6541-5-711**  
# 2 - **6541-5-712**  
# 3 - **6541-5-713**  
# 4 - **6541-5-714**  
# 5 - **6541-5-715**  
# 6 - **6541-5-716**  
# 7 - **6541-5-717**  
# 8 - **6541-5-718**

MIS PS Box Cutting Guide



**6541-4-003**  
Headless Pins - 3"



# Triathlon Knee System

## Express Instruments Surgical Protocol

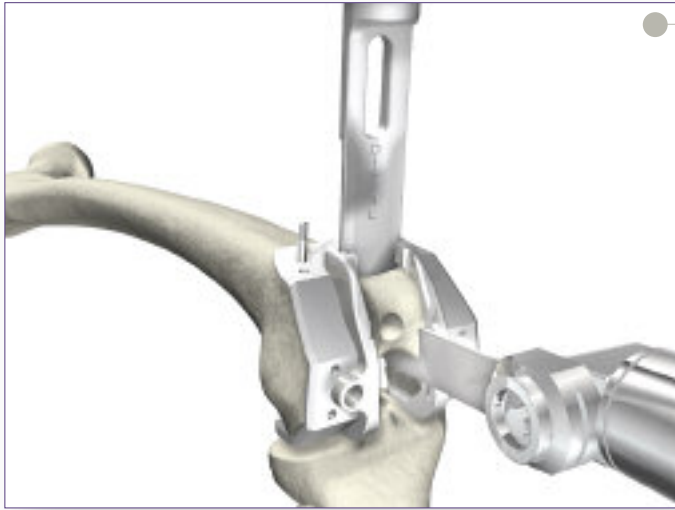


Figure 14

2. Chisel and Saw: Assemble the Box Chisel and insert into the slot. Impact with a mallet until seated to the stop. Leave the Box Chisel in place to act as a backstop. Cut the medial and lateral edges of the box with an oscillating saw to complete the bone resection. Avoid biasing the blade during resection for optimal bone conservation.

- ▶ If Modular Femoral Distal Fixation Pegs are to be used, the location holes may be prepared at this stage using the 1/4" Peg Drill attached to the Universal Driver. (The peg holes may also be prepared later through the PS Femoral Trial).



Figure 15

- ▶ To avoid femoral component impingement and to improve flexion, all osteophytes beyond the posterior condyles as well as those medially and laterally may be removed with an osteotome.
- ▶ Remove any pins and remove the PS Box Cutting Guide.

**Note:** If it is difficult to reach the posterior osteophytes in a tight knee, the tibial resection can be made and then the osteophytes can more easily be removed.

### *Femoral Trial Assessment*

(The remaining portion of the technique should be used for a Posterior Stabilized or Cruciate Retaining knee).

- ▶ Assemble the appropriate size and side (Left/Right) PS or CR Femoral Trial to the Femoral Impactor Extractor with the Impaction Handle.

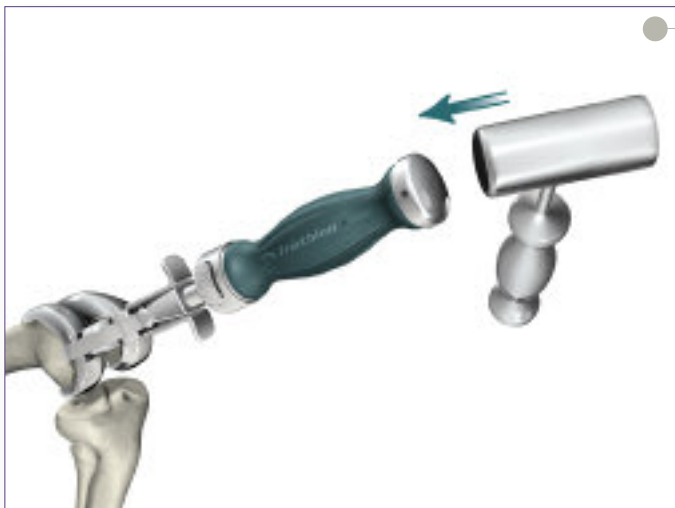
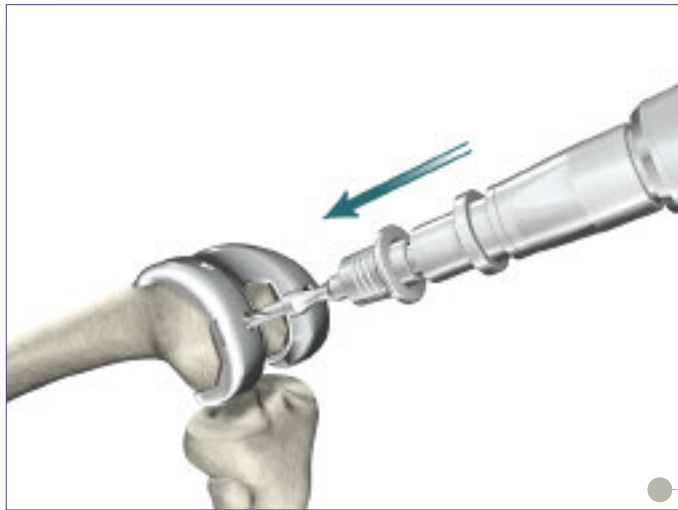


Figure 16

- ▶ Impact the PS or CR Femoral Trial onto the prepared distal femur. Use the Impaction Handle to ensure the Femoral Trial is aligned with the distal plane.



**Figure 17**

► Remove the Femoral Impactor Extractor and Impaction Handle and assess the fit of the PS or CR Femoral Trial. Care must be taken to ensure that all of the osteophytes beyond the end of the posterior femoral condyles are removed.

- Cruciate Retaining Knee: Attach the 1/4" Peg Drill to the Universal Driver and create the Modular Femoral Distal Fixation Peg holes. Attach the Posterior Osteophyte Removal Tool to the Impaction Handle and remove posterior osteophytes.

**Note:** If it is difficult to reach the posterior condyles in a tight knee, the tibial resection can be made and then the osteophytes can more easily be removed.

- Posterior Stabilized Knee: If the Modular Femoral Distal Fixation Pegs are to be used, and the holes were not prepared through the PS Box Cutting Guide, use the 1/4" Peg Drill, attached to the Universal Driver, to prepare the distal femoral peg holes.

## Instrument Bar

- # 1 - **6541-5-711**
- # 2 - **6541-5-712**
- # 3 - **6541-5-713**
- # 4 - **6541-5-714**
- # 5 - **6541-5-715**
- # 6 - **6541-5-716**
- # 7 - **6541-5-717**
- # 8 - **6541-5-718**



MIS PS Box Cutting Guide

**6541-4-003**

Headless Pins - 3"



**6541-4-809**

Headless Pin Driver



**6541-4-810**

Impaction Handle



**6541-4-709**

Box Chisel



**6541-4-801**

Universal Driver



**See Catalog**

CR Femoral Trial



**See Catalog**

PS Femoral Component - Cemented



**6541-4-807**

Femoral Impactor/Extractor



**6541-4-525**

1/4" Peg Drill



# Triathlon Knee System

## Express Instruments Surgical Protocol

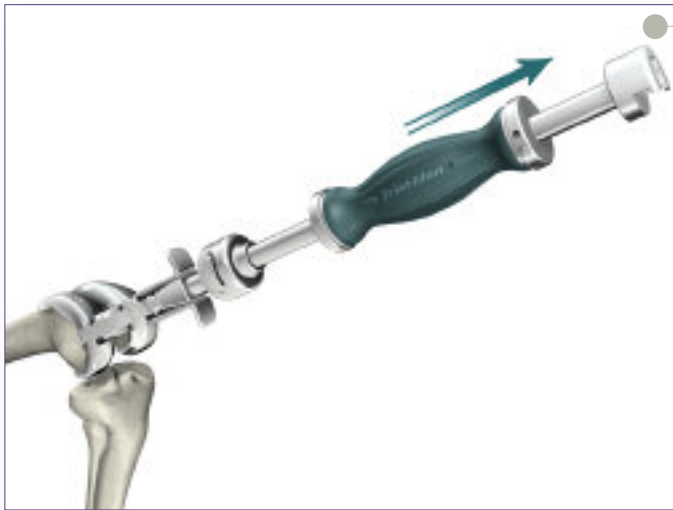


Figure 18

- ▶ Attach the Femoral Impactor Extractor to the Slap Hammer and remove the PS or CR Femoral Trial from the femur.

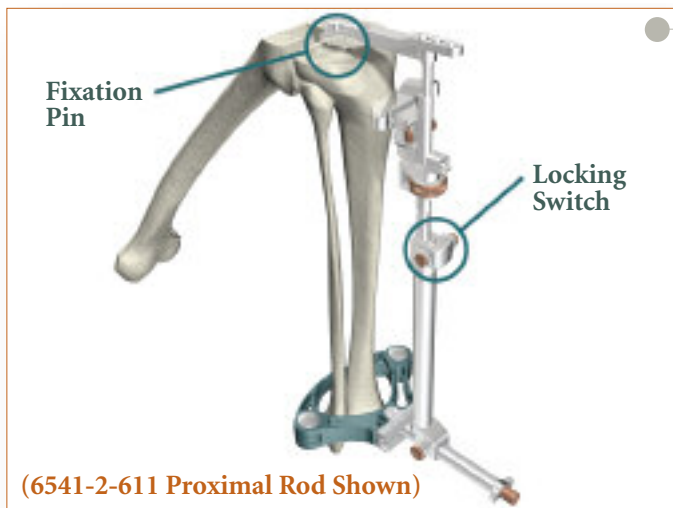


Figure 19

### Tibial Preparation

- ▶ There are two options for tibial preparation: extramedullary (EM) referencing alignment and intramedullary (IM) referencing alignment.
- ▶ The Tibial Resection Guide, available in left and right configurations, and the Universal Resection Guide are designed to avoid soft tissue impingement.

#### Option 1 – Extramedullary Referencing

- ▶ The tibial resection assembly has five parts: the appropriate Tibial Resection Guide, the Ankle Clamp, the Distal Assembly, the Proximal Rod and the Tibial Adjustment Housing. These are assembled first.

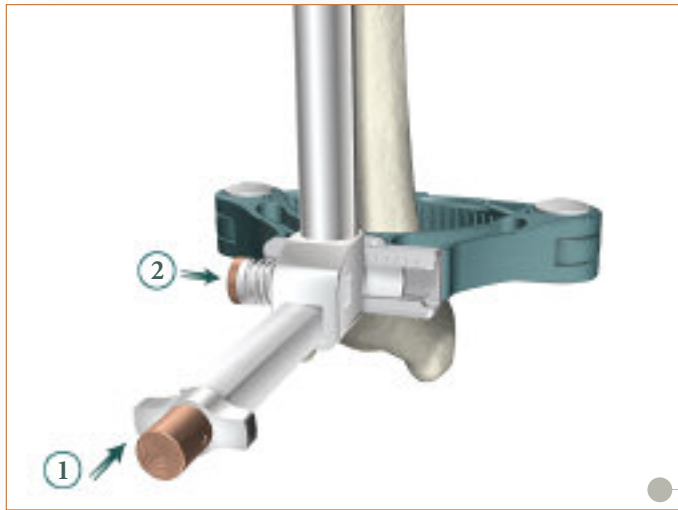
**Note:** The Tibial Adjustment Housing is available in 0° slope (optional) and 3° slope.

#### Flexion/Extension Alignment

- ▶ Place the ankle clamp around the ankle and unlock the locking switch.
- ▶ Flexion/Extension alignment is correct when the long axis of the assembly parallels the mid-coronal plane of the tibia. Flexion/Extension alignment can be checked by verifying that the long axis of the assembly is parallel to the tibia.



Figure 20



**Figure 21**

### **Varus/Valgus Alignment**

- ▶ Medial/Lateral offset can be adjusted by pushing the bronze button (1) and sliding the assembly medially until the shaft intersects the center of the tibia.
- ▶ Once triaxial alignment is achieved, release the bronze button.

### **Tibial Slope Adjustment**

**Note:** If the Proximal Rod is parallel to the tibia, the slope is 0° or 3° depending on which Tibial Adjustment Housing is used.

- ▶ Tibial slope can be adjusted by pressing the bronze button (2).

### **Rotational Alignment**

- ▶ Rotate the entire assembly to ensure that the base of the assembly is aligned with the center of the ankle. The center of the ankle is generally in line with the second metatarsal.

Once alignment is confirmed, set the bronze locking switch on the Distal Assembly to the locked position.

## **Instrument Bar**

**6541-4-810**  
Impaction Handle



**6541-4-807**  
Femoral Impactor/Extractor



**6541-4-803**  
Slap Hammer



**Right 6541-2-700**  
**Left 6541-2-701**  
Tibial Resection Guide



**6541-2-610**  
Tibial Alignment Distal Assembly EM



**6541-2-609**  
Tibial Alignment Ankle Clamp EM



**6541-2-611**  
Tibial Alignment Proximal Rod EM



**0° slope 6541-2-704**  
**3° slope 6541-2-705**  
Tibial Adjustment Housing



**6541-2-611E**  
Express Proximal Rod EM



Femoral Preparation

Tibial Preparation



# Triathlon Knee System

## Express Instruments Surgical Protocol

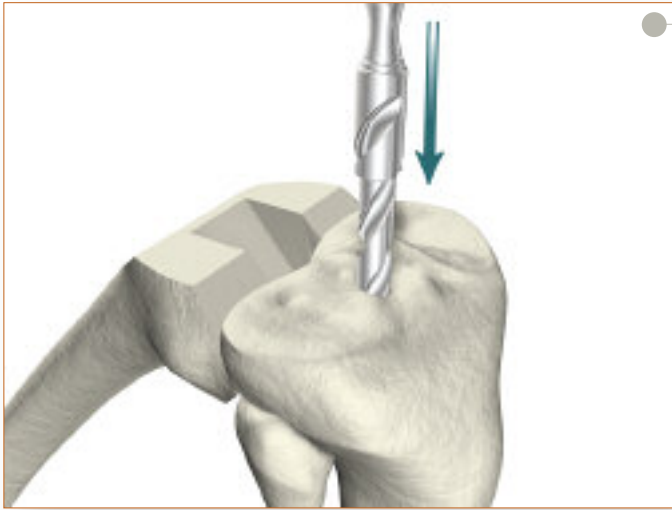


Figure 22

### Option 2 – Intramedullary Referencing

- ▶ Attach the 3/8" IM Drill to the Universal Driver and create a hole in the location determined by the pre-operative X-rays.

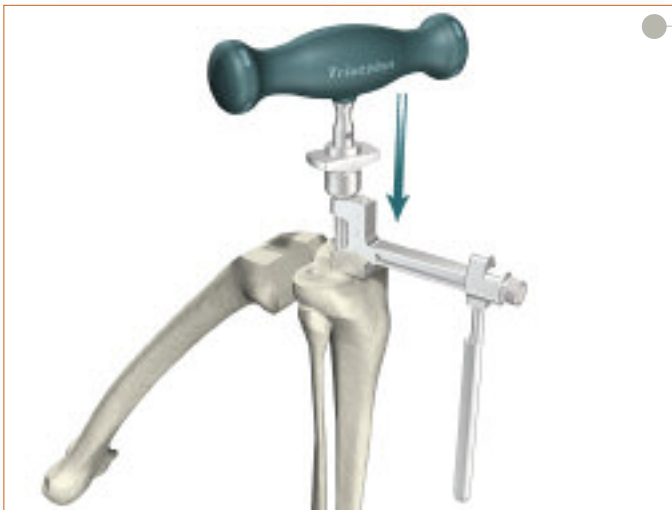


Figure 23

- ▶ Attach the T-Handle Driver to the 5/16" IM Rod and slowly pass into the canal, ensuring clearance. Remove the 5/16" IM Rod and insert it into the body of the Tibial Alignment Jig IM. The assembly is then inserted into the canal beyond the isthmus.

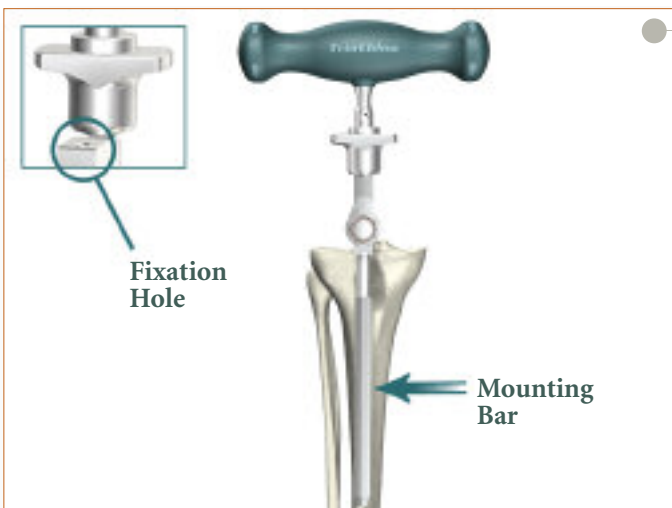


Figure 24

### Rotational Alignment

- ▶ With the body of the Tibial Alignment Jig IM resting on the proximal tibia, proper rotational alignment is achieved by rotating the instrument about the 5/16" IM Rod so that the vertical mounting bar is over the medial 1/3 of the tibial tubercle. A Headless Pin or the 1/8" Drill are then inserted into the fixation hole to fix rotation (See Inset).

## Instrument Bar



(Tibial Resection Guide shown)

Figure 25

### Varus/Valgus Alignment

- ▶ Assemble the appropriate Tibial Resection Guide (left, right or Universal Resection Guide) on the Tibial Adjustment Housing.

**Note:** The Tibial Adjustment Housing is available in 0° slope (optional) and 3° slope.

- ▶ Attach the assembly onto the mounting bar by pressing the bronze wheel on the Tibial Adjustment Housing. Attach the Universal Alignment Handle to the Tibial Resection Guide and slide a Universal Alignment Rod through the handle for sagittal assessment.
- ▶ When alignment is confirmed, the Universal Alignment Handle should be centered over the ankle.

**6541-4-538**  
3/8" IM Drill



**6541-4-801**  
Universal Driver



**6541-4-800**  
T-Handle Driver



**6541-4-516**  
5/16" IM Rod



**6541-2-600**  
Tibial Alignment Jig IM



**0° slope 6541-2-704**  
**3° slope 6541-2-705**  
Tibial Adjustment Housing



**Right 6541-2-700**  
**Left 6541-2-701**  
Tibial Resection Guide



**6541-4-602**  
Universal Alignment Rods



**6541-1-721**  
Universal Resection Guide



# Triathlon Knee System

## Express Instruments Surgical Protocol

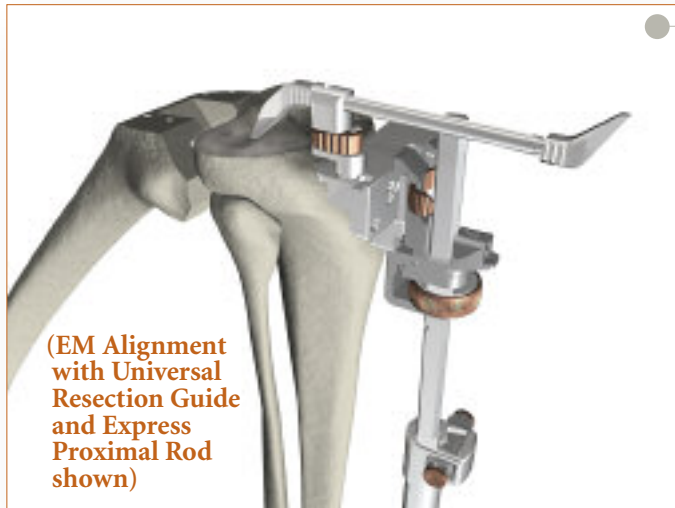


Figure 26

[The following applies to both extramedullary and intramedullary alignment.]

### *Establish Tibial Resection Level*

- ▶ The Tibial Stylus attaches to the Tibial Resection Guide or Universal Resection Guide with the “9” end referencing the lowest level of the unaffected compartment.
- ▶ 9mm of bone will be resected. Alternatively, if the “2” end of the Tibial Stylus is used, the amount of bone resected will be 2mm below the tip of the stylus.
- ▶ The height of the Tibial Resection Guide, Tibial Stylus and Tibial Adjustment Housing can be adjusted using the bronze wheel on the Tibial Adjustment Housing. For coarse adjustment, press the bronze wheel and slide the assembly up or down. For fine adjustment, turn the bronze wheel to the right to move the assembly up the Proximal Rod or turn left to move the assembly down the Proximal Rod.
- ▶ Remove all alignment instruments leaving only the Tibial Resection Guide in place.

**Note:** Rotate bronze wheel one extra turn, as stylus should be under tension to ensure the minimum amount of bone necessary is resected.

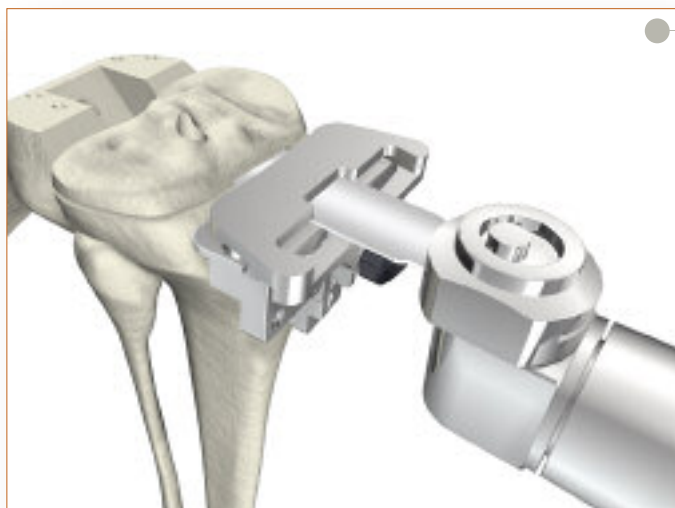


Figure 27

### *Tibial Resection*

- ▶ Resect the proximal tibia. An optional Tibial Resection Guide Modular Capture (Left or Right) may be added.
- ▶ Remove the Tibial Resection Guide.



**Figure 28**

### **Tibial Component Sizing**

- ▶ Place the PS or CR Femoral Trial on the femur.
- ▶ Draw the tibia anteriorly. Assemble a Universal Tibial Template, Alignment Handle and a PS or CR Tibial Insert Trial.
- ▶ Place the assembly on the resected tibial plateau and choose the size that best addresses rotation and coverage.
- ▶ Perform a trial reduction to assess overall component fit, ligament stability and joint range of motion.

**Note:** Ensure all excess debris (bone and soft tissue) is cleared from the Universal Tibial Template.

## **Instrument Bar**

**6541-2-611E**

Express Proximal Rod EM



**Right 6541-2-700**

**Left 6541-2-701**

Tibial Resection Guide



**0° slope 6541-2-704**

**3° slope 6541-2-705**

Tibial Adjustment Housing



**6541-4-806**

Universal Alignment Handle



**6541-2-611**

Tibial Alignment Proximal Rod EM



**6541-4-429**

Tibial Stylus



**6541-1-721**

Universal Resection Guide



**6541-1-723**

Modular Capture - Distal Resection



**Right 6541-2-702**

**Left 6541-2-703**

Tibial Resection Guide Modular Capture



**See Catalog**

CR & PS Femoral Trials



**See Catalog**

Universal Tibial Template



**See Catalog**

CR & PS Tibial Insert Trials



# Triathlon Knee System

## Express Instruments Surgical Protocol

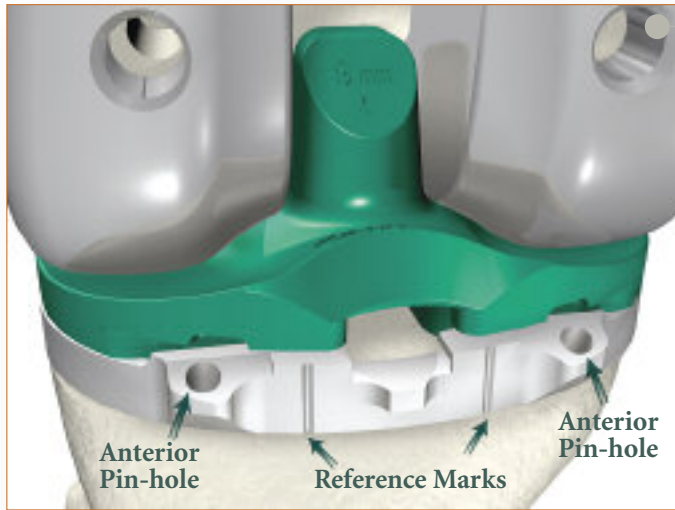


Figure 29

- ▶ There are two options to secure the Universal Tibial Template to the tibia:
  - Option 1: Once satisfactory alignment and tibial component orientation are achieved, remove the PS or CR Femoral Trial. Place two Headless Pins in the anterior holes of the Universal Tibial Template, disassemble the Tibial Trial Insert from the Universal Tibial Template, and secure by pinning.
  - Option 2: Once satisfactory alignment and tibial component orientation are achieved, mark the anterior tibial cortex in line with the reference marks on the anterior border of the Universal Tibial Template. Remove the PS or CR Femoral Trial and disassemble the Tibial Trial Insert from the Universal Tibial Template. Reposition the Universal Tibial Template (if required) by aligning the anterior reference marks on the template with the reference marks on the anterior cortex. The template is positioned flush to the anterior tibial cortex. Place two Headless Pins in the anterior holes to secure the Universal Tibial Template.

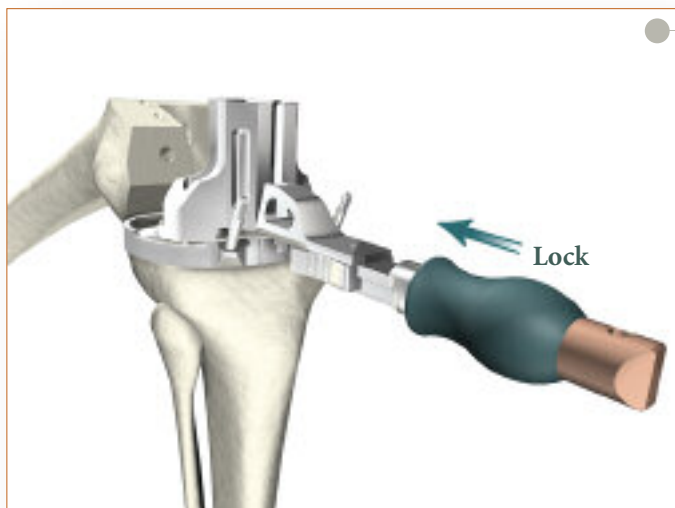
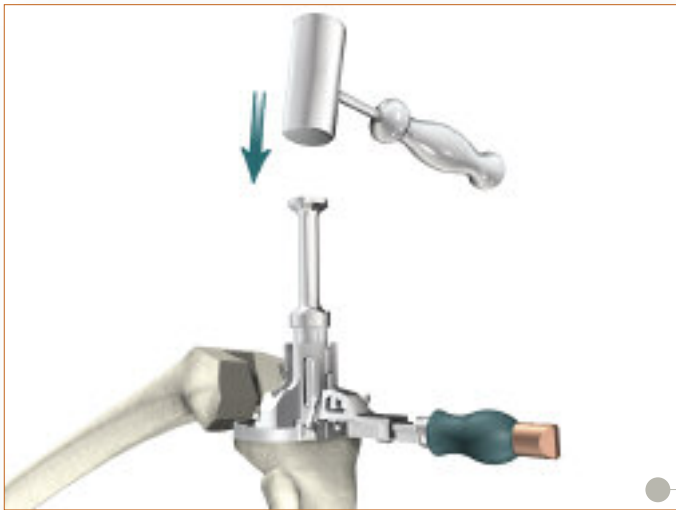


Figure 30

### *Tibial Keel Punching*

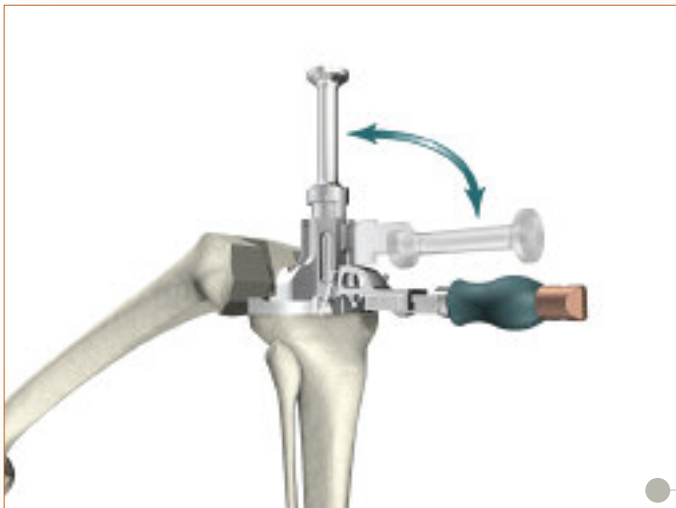
- ▶ Assemble the Keel Punch Guide to the Universal Tibial Template by inserting at a slight angle to the top of the Universal Tibial Template (into the two locating slots toward the posterior portion of the Universal Tibial Template). Allow the Keel Punch Guide to sit flat on the Universal Tibial Template and push forward on the handle to lock the Keel Punch Guide to the Universal Tibial Template.

## Instrument Bar



**Figure 31**

- ▶ Place the appropriate Keel Punch into the Keel Punch Guide. Use a mallet to impact the Keel Punch. Advance the Keel Punch until it seats fully in the Keel Punch Guide. In sclerotic bone, the use of a saw prior to the Keel Punch may be advisable.



**Figure 32**

- ▶ To extract the Keel Punch, lift up on the Keel Punch Guide handle and pull the handle to cantilever the Keel Punch out of the tibia.
- ▶ Remove the Headless Pins with the Headless Pin Extractor and remove the Universal Tibial Template.



**See Catalog**

CR & PS Femoral Trials



**See Catalog**

Universal Tibial Template

**6541-4-003**

Headless Pins - 3"



**6541-4-809**

Headless Pin Driver



**6541-4-801**

Universal Driver



Size 1, 2, 3 - **6541-2-713**

Size 4, 5, 6, 7, 8 - **6541-2-748**

Keel Punch Guide



**See Catalog**

Keel Punch



**6541-4-804**

Headless Pin Extractor



# Triathlon Knee System

## Express Instruments Surgical Protocol



Figure 33

### Patellar Preparation

Remove all osteophytes and synovial insertions around the patella, and measure thickness using a caliper. After determining the depth of the cut with a caliper, affix the stylus in the appropriate slot to the patella resection guide, and capture the patella between the jaws of the saw guide. Using .050" non-offset sawblade, resect the patella.

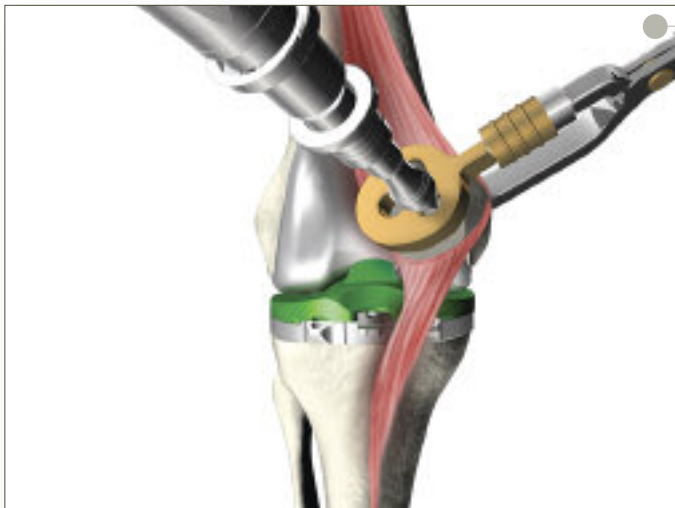


Figure 34

- ▶ Choose the appropriate size patella template and insert into the Patella Clamp.
- ▶ Center the chosen patellar drill guide over the patella with the clamp perpendicular to the trochlear groove. Drill three fixation holes with the appropriate drill (Metal-backed patella or All Poly).
- ▶ If a cemented component is to be used, prepare the resected bone surfaces for bone cement application.

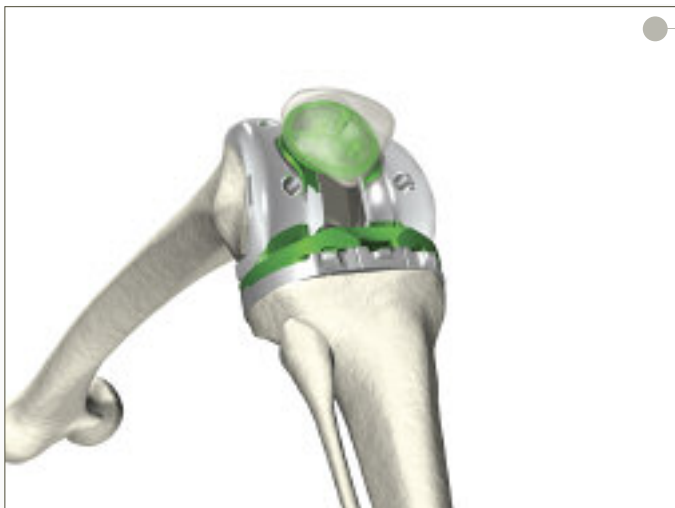


Figure 35

### Trial Assessment

- ▶ Remove any residual cartilage and wash away all debris. Place correct size Patella Trial (Symmetric or Asymmetric) onto the prepared patella.
- ▶ Replace all Trials and assess patellar tracking by taking the knee through a ROM. The patella should track normally throughout the ROM without tendency for tilting or lateral subluxation.

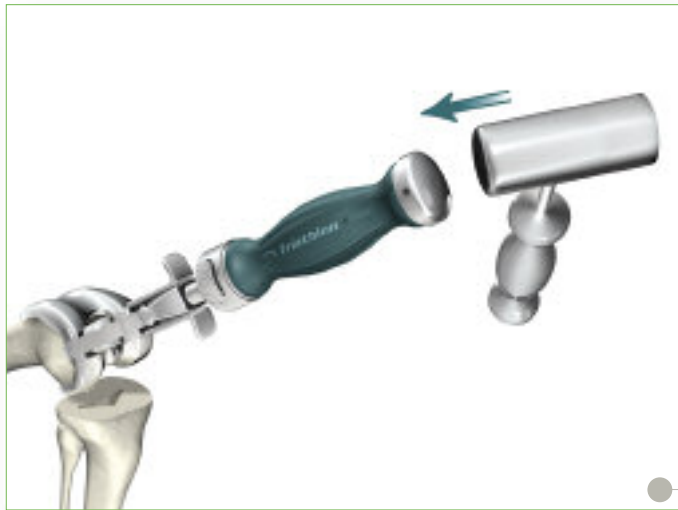


Figure 36

## Component Implantation

### Femoral Component - Cemented/Cementless

- ▶ Attach the Femoral Impactor Extractor to the Impaction Handle and attach to the appropriate size and side Femoral Component. Place the Femoral Component on the femur and impact it until fully seated.
  - Posterior Stabilized Knee: If Modular Femoral Distal Fixation Pegs are to be used, assemble the pegs to the Femoral Component using the 1/8" Hex Drive and the Slip Torque Handle prior to implantation.
- ▶ The Femoral Impactor can be attached to the Impaction Handle to further seat the Femoral Component onto the prepared femur.

**Note:** Clear all excess bone cement (Does not apply to cementless component).

## Instrument Bar

6633-7-744

Patella Clamp



6633-7-738

Patella Stylus



6633-7-736

Slotted Patella Resection Guide



See Catalog

Express Symmetric & Asymmetric Patella Drill Templates



6541-3-524

All-Poly Patella Drill w/Stop



See Catalog

Symmetric & Asymmetric Patella Trials



6541-4-810

Impaction Handle



6541-4-807

Femoral Impactor/Extractor





# Triathlon Knee System

## Express Instruments Surgical Protocol

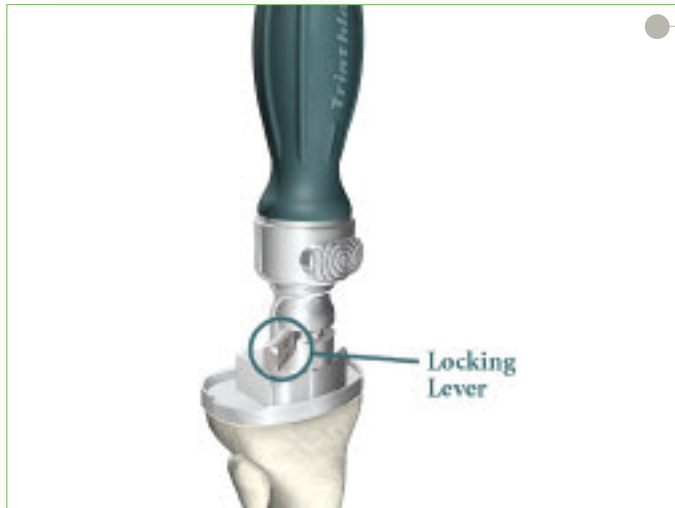


Figure 37

### *Primary Tibial Baseplate - Cemented/Cementless*

- ▶ Connect the Tibial Baseplate Impactor Extractor to the Impaction Handle.
- ▶ Introduce the Primary Tibial Baseplate onto the prepared tibia and impact until the baseplate is seated. Unlock the locking lever and remove the assembly from the Primary Tibial Baseplate.
- ▶ To further seat the baseplate, attach the Tibial Baseplate Impactor to the Impaction Handle.
- ▶ Impact until the Primary Tibial Baseplate is fully seated.

**Note:** Clear all excess bone cement while maintaining position of the Primary Tibial Baseplate.



Figure 38

### *Tibial Insert*

- ▶ Prior to assembly of the Tibial Insert, the Tibial Trial Insert may be placed on the Primary Tibial Baseplate to once more assess joint stability and range of motion.
- ▶ To assemble the Tibial Insert, distract the joint and angle the insert posteriorly into the Primary Tibial Baseplate. The posterior lip of the Tibial Insert must fit beneath the lip on the posterior Primary Tibial Baseplate wall.
- ▶ Attach the Tibial Insert Impactor to the Impaction Handle and impact to snap the Insert in place anteriorly. The Tibial Insert is fully seated once the locking wire locks under the barbs on the anterior/interior surface of the Primary Tibial Baseplate wall.

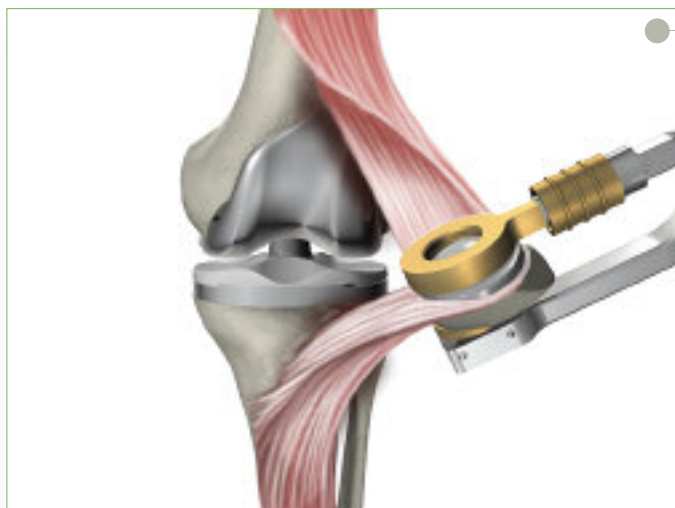


Figure 39

### *Patellar Component - Cemented/Cementless*

- ▶ Place the Patella Component onto the prepared patella, making certain the fixation peg holes are aligned to the corresponding holes.
- ▶ Seat the Patellar Component onto the prepared patella by clamping the Patella Clamp.
- ▶ Leave the assembly clamped to the patella while excess cement is cleared and polymerization is complete (cemented only).
- ▶ Remove the patella clamp.



Figure 40

- ▶ Assess the joint in flexion and extension.

### Closure

#### For Cemented Components

- ▶ After cement polymerization and removal of all residual cement, thoroughly irrigate the joint. Close soft tissues in the normal layered fashion.

## Instrument Bar

**6541-4-810**  
Impaction Handle



**See Catalog**  
PS Femoral Component - Cemented



**See Catalog**  
PS Femoral Component - Cementless



**See Catalog**  
CR Femoral Component - Cemented



**See Catalog**  
CR Femoral Component - Cementless



**6541-4-802**  
1/8" Hex Drive



**6541-4-825**  
Slip Torque Handle



**See Catalog**  
Modular Femoral Distal Fixation Pegs



**6541-4-811**  
Femoral Impactor



**6541-4-805**  
Baseplate Impactor/Extractor



**See Catalog**  
Primary Tibial Baseplate - Cemented



**See Catalog**  
Primary Tibial Baseplate - Cementless



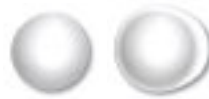
**6541-4-813**  
Tibial Insert Impactor



**See Catalog**  
CR & PS Tibial Inserts



**See Catalog**  
Symmetric & Asymmetric Patellas



**6541-3-800E**  
Express Cement Cap



**6633-7-744**  
Patella Clamp



# Triathlon Knee System

## Express Instruments Surgical Protocol

Catalog #	Description	Quantity in Kit
<b>Miscellaneous Instruments Kit Contents</b>		
3170-0000	1/8" Drill	2
6541-4-003	Headless Pins - 3"	4
6541-4-300	Headed Nail Impactor Extractor (Optional)	1
6541-4-400	Bladerunner	1
6541-4-515	Headed Nails - 1 1/2" (Optional)	2
6541-4-516	5/16" IM Rod	1
6541-4-518	1/8" Peg Drill	1
6541-4-525	1/4" Peg Drill	1
6541-4-538	3/8" IM Drill	1
6541-4-575	Headed Nails - 3/4" (Optional)	2
6541-4-602	Universal Alignment Rods	1
6541-4-610	Adjustable Spacer Block (Optional)	1
6541-4-700	Bone File (Optional)	1
6541-4-709	Box Chisel	1
6541-4-710	Posterior Osteophyte Removal Tool (Optional)	1
6541-4-800	T-Handle Driver	1
6541-4-801	Universal Driver	1
6541-4-802	1/8" Hex Drive (Optional)	1
6541-4-803	Slap Hammer	1
6541-4-804	Headless Pin Extractor	1
6541-4-805	Tibial Baseplate Impactor Extractor	1
6541-4-806	Universal Alignment Handle	1
6541-4-807	Femoral Impactor Extractor	1
6541-4-809	Headless Pin Driver	1
6541-4-810	Impaction Handle	2
6541-4-811	Femoral Impactor	1
6541-4-812	Tibial Baseplate Impactor	1
6541-4-813	Tibial Insert Impactor	1
6541-4-825	Slip Torque Handle (Optional)	1
6541-8-004	Triathlon Miscellaneous Upper Tray	1
6541-8-104	Triathlon Miscellaneous Lower Tray	1
6541-9-000	Triathlon Case	1
		<b>Total Quantity 39</b>

Optional items are not included with standard configurations, but are available by request.

Catalog #	Description	Quantity in Kit
<b>Patella Preparation &amp; Trialing Part Numbers</b>		
6633-7-736	Slotted Patella Resection Guide	1
6633-7-738	Patella Stylus	1
7650-1454	Patella Caliper	1
6541-3-524	All-PolyPatella Drill w/Stop	1
6541-3-617E	Express Asymmetric Patella Drill Template - 29mm	1
6541-3-618E	Express Asymmetric Patella Drill Template - 33mm	1
6541-3-619E	Express Asymmetric Patella Drill Template - 35mm	1
6541-3-620E	Express Asymmetric Patella Drill Template - 38mm	1
6541-3-621E	Express Asymmetric Patella Drill Template - 40mm	1
6541-3-627E	Express Symmetric Patella Drill Template - 27mm	1
6541-3-629E	Express Symmetric Patella Drill Template - 29mm	1
6541-3-631E	Express Symmetric Patella Drill Template - 31mm	1
6541-3-633E	Express Symmetric Patella Drill Template - 33mm	1
6541-3-636E	Express Symmetric Patella Drill Template - 36mm	1
6541-3-639E	Express Symmetric Patella Drill Template - 39mm	1
6541-3-800E	Express Cement Cap	1
6633-7-744	Patella Clamp	1
5550-T-278	Symmetric Patella 27mm x 8mm	1
5550-T-298	Symmetric Patella 29mm x 8mm	1
5550-T-319	Symmetric Patella 31mm x 9mm	1
5550-T-339	Symmetric Patella 33mm x 9mm	1
5550-T-360	Symmetric Patella 36mm x 10mm	1
5550-T-391	Symmetric Patella 39mm x 11mm	1
5551-T-299	Asymmetric Patella 29mm (S/I) x 33mm (M/L) x 9mm	1
5551-T-320	Asymmetric Patella 32mm (S/I) x 36mm (M/L) x 10mm	1
5551-T-350	Asymmetric Patella 35mm (S/I) x 39mm (M/L) x 10mm	1
5551-T-381	Asymmetric Patella 38mm (S/I) x 42mm (M/L) x 11mm	1
5551-T-401	Asymmetric Patella 40mm (S/I) x 44mm (M/L) x 11mm	1
6541-3-522	Metal-Backed Patella Drill w/Stop	1
6541-8-005E	Patellar Preparation - Upper Tray	1
6541-8-105E	Patellar Preparation - Lower Tray	1
6541-7-806	MIS 4:1 Impactor/Extractor	1
6541-9-000	Triathlon Case	1
<b>Total Quantity</b>		<b>33</b>

\*S/I = Superior/Inferior

# Triathlon Knee System

## Express Instruments Surgical Protocol

Catalog #	Description	Quantity in Kit
<b>Size 3-6 Femoral &amp; Tibial Preparation Kit Contents</b>		
6541-1-600	Adjustment Block	1
6541-1-603	Femoral Sizer	1
6541-1-605	Femoral Stylus	1
6541-1-657	Femoral Alignment Guide	1
6541-1-703E	#3 Express 4:1 Cutting Block	1
6541-1-704E	#4 Express 4:1 Cutting Block	1
6541-1-705E	#5 Express 4:1 Cutting Block	1
6541-1-706E	#6 Express 4:1 Cutting Block	1
6541-1-721	Universal Resection Guide	1
6541-1-723	Modular Capture - Distal Resection	1
6541-2-013	Size 1-3 Keel Punch	1
6541-2-046	Size 4-6 Keel Punch	1
6541-2-429	Tibial Stylus	1
6541-2-600	Tibial Alignment Jig IM (Optional)	1
6541-2-603	#3 Universal Tibial Template	1
6541-2-604	#4 Universal Tibial Template	1
6541-2-605	#5 Universal Tibial Template	1
6541-2-606	#6 Universal Tibial Template	1
6541-2-609	Tibial Alignment Ankle Clamp EM	1
6541-2-610	Tibial Alignment Distal Assembly EM	1
6541-2-611E	Tibial Alignment Proximal Rod EM	1
6541-2-620	Tibial Template Converter	1
6541-2-700	Tibial Resection Guide Right	1
6541-2-701	Tibial Resection Guide Left	1
6541-2-702	Tibial Resection Guide Modular Capture Right	1
6541-2-703	Tibial Resection Guide Modular Capture Left	1
6541-2-704	Tibial Adjustment Housing - 0° slope (Optional)	1
6541-2-705	Tibial Adjustment Housing - 3° slope	1
6541-2-713	Size 1-3 Keel Punch Guide	1
6541-2-748	Size 4-8 Keel Punch Guide	1
6541-2-807	Tibial Alignment Handle	1
6541-8-002	Triathlon Size 3-6 Upper Tray	1
6541-8-102	Triathlon Size 3-6 Lower Tray	1
6541-9-000	Triathlon Case	1
		<b>Total Quantity 34</b>

Optional items are not included with standard configurations, but are available by request.

Catalog #	Description	Quantity in Kit
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### Size 3-6 PS Femoral & Tibial Trialing Kit Contents

5511-T-301	PS Femoral Trial # 3 Left	1
5511-T-302	PS Femoral Trial # 3 Right	1
5511-T-401	PS Femoral Trial # 4 Left	1
5511-T-402	PS Femoral Trial # 4 Right	1
5511-T-501	PS Femoral Trial # 5 Left	1
5511-T-502	PS Femoral Trial # 5 Right	1
5511-T-601	PS Femoral Trial # 6 Left	1
5511-T-602	PS Femoral Trial # 6 Right	1
5532-T-309	PS Tibial Insert Trial # 3 - 9mm	1
5532-T-311	PS Tibial Insert Trial # 3 - 11mm	1
5532-T-313	PS Tibial Insert Trial # 3 - 13mm	1
5532-T-316	PS Tibial Insert Trial # 3 - 16mm	1
5532-T-319	PS Tibial Insert Trial # 3 - 19mm	1
5532-T-409	PS Tibial Insert Trial # 4 - 9mm	1
5532-T-411	PS Tibial Insert Trial # 4 - 11mm	1
5532-T-413	PS Tibial Insert Trial # 4 - 13mm	1
5532-T-416	PS Tibial Insert Trial # 4 - 16mm	1
5532-T-419	PS Tibial Insert Trial # 4 - 19mm	1
5532-T-509	PS Tibial Insert Trial # 5 - 9mm	1
5532-T-511	PS Tibial Insert Trial # 5 - 11mm	1
5532-T-513	PS Tibial Insert Trial # 5 - 13mm	1
5532-T-516	PS Tibial Insert Trial # 5 - 16mm	1
5532-T-519	PS Tibial Insert Trial # 5 - 19mm	1
5532-T-609	PS Tibial Insert Trial # 6 - 9mm	1
5532-T-611	PS Tibial Insert Trial # 6 - 11mm	1
5532-T-613	PS Tibial Insert Trial # 6 - 13mm	1
5532-T-616	PS Tibial Insert Trial # 6 - 16mm	1
5532-T-619	PS Tibial Insert Trial # 6 - 19mm	1
6541-5-713	#3 MIS PS Box Cutting Guide	1
6541-5-714	#4 MIS PS Box Cutting Guide	1
6541-5-715	#5 MIS PS Box Cutting Guide	1
6541-5-716	#6 MIS PS Box Cutting Guide	1
6541-8-009	Triathlon 3-6 PS Upper Tray	1
6541-8-109	Triathlon 3-6 PS Lower Tray	1
6541-9-000	Triathlon Case	1

Total Quantity 35

\*S/I = Superior/Inferior

# Triathlon Knee System

## Express Instruments Surgical Protocol

Catalog #	Description	Quantity in Kit
<b>Size 3-6 CR Femoral &amp; Tibial Trialing Kit Contents</b>		
5510-T-301	CR Femoral Trial # 3 Left	1
5510-T-302	CR Femoral Trial # 3 Right	1
5510-T-401	CR Femoral Trial # 4 Left	1
5510-T-402	CR Femoral Trial # 4 Right	1
5510-T-501	CR Femoral Trial # 5 Left	1
5510-T-502	CR Femoral Trial # 5 Right	1
5510-T-601	CR Femoral Trial # 6 Left	1
5510-T-602	CR Femoral Trial # 6 Right	1
5530-T-309	CR Tibial Insert Trial # 3 - 9mm	1
5530-T-311	CR Tibial Insert Trial # 3 - 11mm	1
5530-T-313	CR Tibial Insert Trial # 3 - 13mm	1
5530-T-316	CR Tibial Insert Trial # 3 - 16mm	1
5530-T-319	CR Tibial Insert Trial # 3 - 19mm	1
5530-T-409	CR Tibial Insert Trial # 4 - 9mm	1
5530-T-411	CR Tibial Insert Trial # 4 - 11mm	1
5530-T-413	CR Tibial Insert Trial # 4 - 13mm	1
5530-T-416	CR Tibial Insert Trial # 4 - 16mm	1
5530-T-419	CR Tibial Insert Trial # 4 - 19mm	1
5530-T-509	CR Tibial Insert Trial # 5 - 9mm	1
5530-T-511	CR Tibial Insert Trial # 5 - 11mm	1
5530-T-513	CR Tibial Insert Trial # 5 - 13mm	1
5530-T-516	CR Tibial Insert Trial # 5 - 16mm	1
5530-T-519	CR Tibial Insert Trial # 5 - 19mm	1
5530-T-609	CR Tibial Insert Trial # 6 - 9mm	1
5530-T-611	CR Tibial Insert Trial # 6 - 11mm	1
5530-T-613	CR Tibial Insert Trial # 6 - 13mm	1
5530-T-616	CR Tibial Insert Trial # 6 - 16mm	1
5530-T-619	CR Tibial Insert Trial # 6 - 19mm	1
6541-8-008	Triathlon 3-6 CR Upper Tray	1
6541-8-108	Triathlon 3-6 CR Lower Tray	1
6541-9-000	Triathlon Case	1
		<b>Total Quantity 31</b>

Catalog #	Description	Quantity in Kit
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### Size 1, 8 PS Preparation & Trialing Kit Contents

5511-T-101	PS Femoral Trial # 1 Left	1
5511-T-102	PS Femoral Trial # 1 Right	1
5511-T-801	PS Femoral Trial # 8 Left	1
5511-T-802	PS Femoral Trial # 8 Right	1
5532-T-109	PS Tibial Insert Trial # 1 - 9mm	1
5532-T-111	PS Tibial Insert Trial # 1 - 11mm	1
5532-T-113	PS Tibial Insert Trial # 1 - 13mm	1
5532-T-116	PS Tibial Insert Trial # 1 - 16mm	1
5532-T-119	PS Tibial Insert Trial # 1 - 19mm	1
5532-T-809	PS Tibial Insert Trial # 8 - 9mm	1
5532-T-811	PS Tibial Insert Trial # 8 - 11mm	1
5532-T-813	PS Tibial Insert Trial # 8 - 13mm	1
5532-T-816	PS Tibial Insert Trial # 8 - 16mm	1
5532-T-819	PS Tibial Insert Trial # 8 - 19mm	1
6541-1-701E	#1 Express 4:1 Cutting Block (Optional)	1
6541-1-708E	#8 Express 4:1 Cutting Block (Optional)	1
6541-5-711	#1 MIS PS Box Cutting Guide	1
6541-5-718	#8 MIS PS Box Cutting Guide	1
6541-2-078	Size 7-8 Keel Punch (Optional)	1
6541-2-601	#1 Universal Tibial Template (Optional)	1
6541-2-608	#8 Universal Tibial Template (Optional)	1
6541-8-113	Triathlon 1 & 8 PS Lower Tray	1
6541-9-000	Triathlon Case	1

**Total Quantity 23**

Optional items are not included with standard configurations, but are available by request.



# Triathlon Knee System

## Express Instruments Surgical Protocol

Catalog #	Description	Quantity in Kit
<b>Size 1, 8 CR Preparation &amp; Trialing Kit Contents</b>		
5510-T-101	CR Femoral Trial # 1 Left	1
5510-T-102	CR Femoral Trial # 1 Right	1
5510-T-801	CR Femoral Trial # 8 Left	1
5510-T-802	CR Femoral Trial # 8 Right	1
5530-T-109	CR Tibial Insert Trial # 1 - 9mm	1
5530-T-111	CR Tibial Insert Trial # 1 - 11mm	1
5530-T-113	CR Tibial Insert Trial # 1 - 13mm	1
5530-T-116	CR Tibial Insert Trial # 1 - 16mm	1
5530-T-119	CR Tibial Insert Trial # 1 - 19mm	1
5530-T-809	CR Tibial Insert Trial # 8 - 9mm	1
5530-T-811	CR Tibial Insert Trial # 8 - 11mm	1
5530-T-813	CR Tibial Insert Trial # 8 - 13mm	1
5530-T-816	CR Tibial Insert Trial # 8 - 16mm	1
5530-T-819	CR Tibial Insert Trial # 8 - 19mm	1
6541-1-701E	#1 Express 4:1 Cutting Block	1
6541-1-708E	#8 Express 4:1 Cutting Block	1
6541-2-078	Size 7-8 Keel Punch	1
6541-2-601	#1 Universal Tibial Template	1
6541-2-608	#8 Universal Tibial Template	1
6541-8-112	Triathlon 1 & 8 CR Lower Tray	1
6541-9-000	Triathlon Case	1
		<b>Total Quantity 21</b>

### Size 2, 7 PS Preparation & Trialing Kit Contents

5511-T-201	PS Femoral Trial # 2 Left	1
5511-T-202	PS Femoral Trial # 2 Right	1
5511-T-701	PS Femoral Trial # 7 Left	1
5511-T-702	PS Femoral Trial # 7 Right	1
5532-T-209	PS Tibial Insert Trial # 2 - 9mm	1
5532-T-211	PS Tibial Insert Trial # 2 - 11mm	1
5532-T-213	PS Tibial Insert Trial # 2 - 13mm	1
5532-T-216	PS Tibial Insert Trial # 2 - 16mm	1
5532-T-219	PS Tibial Insert Trial # 2 - 19mm	1
5532-T-709	PS Tibial Insert Trial # 7 - 9mm	1
5532-T-711	PS Tibial Insert Trial # 7 - 11mm	1
5532-T-713	PS Tibial Insert Trial # 7 - 13mm	1
5532-T-716	PS Tibial Insert Trial # 7 - 16mm	1
5532-T-719	PS Tibial Insert Trial # 7 - 19mm	1
6541-1-702E	#2 Express 4:1 Cutting Block (Optional)	1
6541-1-707E	#7 Express 4:1 Cutting Block (Optional)	1
6541-5-712	#2 MIS PS Box Cutting Guide	1
6541-5-717	#7 MIS PS Box Cutting Guide	1
6541-2-078	Size 7-8 Keel Punch (Optional)	1
6541-2-602	#2 Universal Tibial Template (Optional)	1
6541-2-607	#7 Universal Tibial Template (Optional)	1
6541-8-022	Triathlon 2 & 7 PS Upper Tray	1
6541-9-000	Triathlon Case	1
		<b>Total Quantity 23</b>

Catalog #	Description	Quantity in Kit
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### Size 2, 7 CR Preparation & Trialing Kit Contents

5510-T-201	CR Femoral Trial # 2 Left	1
5510-T-202	CR Femoral Trial # 2 Right	1
5510-T-701	CR Femoral Trial # 7 Left	1
5510-T-702	CR Femoral Trial # 7 Right	1
5530-T-209	CR Tibial Insert Trial # 2 - 9mm	1
5530-T-211	CR Tibial Insert Trial # 2 - 11mm	1
5530-T-213	CR Tibial Insert Trial # 2 - 13mm	1
5530-T-216	CR Tibial Insert Trial # 2 - 16mm	1
5530-T-219	CR Tibial Insert Trial # 2 - 19mm	1
5530-T-709	CR Tibial Insert Trial # 7 - 9mm	1
5530-T-711	CR Tibial Insert Trial # 7 - 11mm	1
5530-T-713	CR Tibial Insert Trial # 7 - 13mm	1
5530-T-716	CR Tibial Insert Trial # 7 - 16mm	1
5530-T-719	CR Tibial Insert Trial # 7 - 19mm	1
6541-1-702E	#2 Express 4:1 Cutting Block	1
6541-1-707E	#7 Express 4:1 Cutting Block	1
6541-2-078	Size 7-8 Keel Punch	1
6541-2-602	#2 Universal Tibial Template	1
6541-2-607	#7 Universal Tibial Template	1
6541-8-021	Triathlon 2 & 7 CR Upper Tray	1
6541-9-000	Triathlon Case	1

Total Quantity 21

### Size 1-8 Max PS Tibial Trialing Kit Contents

5532-T-122	PS Tibial Insert Trial # 1 - 22mm	1
5532-T-125	PS Tibial Insert Trial # 1 - 25mm	1
5532-T-222	PS Tibial Insert Trial # 2 - 22mm	1
5532-T-225	PS Tibial Insert Trial # 2 - 25mm	1
5532-T-322	PS Tibial Insert Trial # 3 - 22mm	1
5532-T-325	PS Tibial Insert Trial # 3 - 25mm	1
5532-T-422	PS Tibial Insert Trial # 4 - 22mm	1
5532-T-425	PS Tibial Insert Trial # 4 - 25mm	1
5532-T-522	PS Tibial Insert Trial # 5 - 22mm	1
5532-T-525	PS Tibial Insert Trial # 5 - 25mm	1
5532-T-622	PS Tibial Insert Trial # 6 - 22mm	1
5532-T-625	PS Tibial Insert Trial # 6 - 25mm	1
5532-T-722	PS Tibial Insert Trial # 7 - 22mm	1
5532-T-725	PS Tibial Insert Trial # 7 - 25mm	1
5532-T-822	PS Tibial Insert Trial # 8 - 22mm	1
5532-T-825	PS Tibial Insert Trial # 8 - 25mm	1
6541-8-020	Triathlon Max PS Tibial Trialing Upper Tray	1
6541-8-120	Triathlon Max PS Tibial Trialing Lower Tray	1
6541-9-000	Triathlon Case	1

Total Quantity 19

Optional items are not included with standard configurations, but are available by request.

# Triathlon Knee System

## Express Instruments Surgical Protocol

Catalog #	Description
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### PS Femoral Component - Cemented Part Numbers

5515-F-101	PS Femoral Component – Cemented #1 Left
5515-F-102	PS Femoral Component – Cemented #1 Right
5515-F-201	PS Femoral Component – Cemented #2 Left
5515-F-202	PS Femoral Component – Cemented #2 Right
5515-F-301	PS Femoral Component – Cemented #3 Left
5515-F-302	PS Femoral Component – Cemented #3 Right
5515-F-401	PS Femoral Component – Cemented #4 Left
5515-F-402	PS Femoral Component – Cemented #4 Right
5515-F-501	PS Femoral Component – Cemented #5 Left
5515-F-502	PS Femoral Component – Cemented #5 Right
5515-F-601	PS Femoral Component – Cemented #6 Left
5515-F-602	PS Femoral Component – Cemented #6 Right
5515-F-701	PS Femoral Component – Cemented #7 Left
5515-F-702	PS Femoral Component – Cemented #7 Right
5515-F-801	PS Femoral Component – Cemented #8 Left
5515-F-802	PS Femoral Component – Cemented #8 Right

### CR Femoral Component - Cemented Part Numbers

5510-F-101	CR Femoral Component – Cemented #1 Left
5510-F-102	CR Femoral Component – Cemented #1 Right
5510-F-201	CR Femoral Component – Cemented #2 Left
5510-F-202	CR Femoral Component – Cemented #2 Right
5510-F-301	CR Femoral Component – Cemented #3 Left
5510-F-302	CR Femoral Component – Cemented #3 Right
5510-F-401	CR Femoral Component – Cemented #4 Left
5510-F-402	CR Femoral Component – Cemented #4 Right
5510-F-501	CR Femoral Component – Cemented #5 Left
5510-F-502	CR Femoral Component – Cemented #5 Right
5510-F-601	CR Femoral Component – Cemented #6 Left
5510-F-602	CR Femoral Component – Cemented #6 Right
5510-F-701	CR Femoral Component – Cemented #7 Left
5510-F-702	CR Femoral Component – Cemented #7 Right
5510-F-801	CR Femoral Component – Cemented #8 Left
5510-F-802	CR Femoral Component – Cemented #8 Right

### Primary Tibial Baseplate - Cemented Part Numbers

5520-B-100	Primary Tibial Baseplate – Cemented #1
5520-B-200	Primary Tibial Baseplate – Cemented #2
5520-B-300	Primary Tibial Baseplate – Cemented #3
5520-B-400	Primary Tibial Baseplate – Cemented #4
5520-B-500	Primary Tibial Baseplate – Cemented #5
5520-B-600	Primary Tibial Baseplate – Cemented #6
5520-B-700	Primary Tibial Baseplate – Cemented #7
5520-B-800	Primary Tibial Baseplate – Cemented #8

Catalog #	Description
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**PS Tibial Insert Part Numbers**

5532-P-109*	PS Tibial Insert #1 – 9mm
5532-P-111*	PS Tibial Insert #1 – 11mm
5532-P-113*	PS Tibial Insert #1 – 13mm
5532-P-116*	PS Tibial Insert #1 – 16mm
5532-P-119*	PS Tibial Insert #1 – 19mm
5532-P-122*	PS Tibial Insert #1 – 22mm
5532-P-125*	PS Tibial Insert #1 – 25mm
5532-P-209	PS Tibial Insert #2 – 9mm
5532-P-211	PS Tibial Insert #2 – 11mm
5532-P-213	PS Tibial Insert #2 – 13mm
5532-P-216	PS Tibial Insert #2 – 16mm
5532-P-219	PS Tibial Insert #2 – 19mm
5532-P-222	PS Tibial Insert #2 – 22mm
5532-P-225	PS Tibial Insert #2 – 25mm
5532-P-309	PS Tibial Insert #3 – 9mm
5532-P-311	PS Tibial Insert #3 – 11mm
5532-P-313	PS Tibial Insert #3 – 13mm
5532-P-316	PS Tibial Insert #3 – 16mm
5532-P-319	PS Tibial Insert #3 – 19mm
5532-P-322	PS Tibial Insert #3 – 22mm
5532-P-325	PS Tibial Insert #3 – 25mm
5532-P-409	PS Tibial Insert #4 – 9mm
5532-P-411	PS Tibial Insert #4 – 11mm
5532-P-413	PS Tibial Insert #4 – 13mm
5532-P-416	PS Tibial Insert #4 – 16mm
5532-P-419	PS Tibial Insert #4 – 19mm
5532-P-422	PS Tibial Insert #4 – 22mm
5532-P-425	PS Tibial Insert #4 – 25mm
5532-P-509	PS Tibial Insert #5 – 9mm
5532-P-511	PS Tibial Insert #5 – 11mm
5532-P-513	PS Tibial Insert #5 – 13mm
5532-P-516	PS Tibial Insert #5 – 16mm
5532-P-519	PS Tibial Insert #5 – 19mm
5532-P-522	PS Tibial Insert #5 – 22mm
5532-P-525	PS Tibial Insert #5 – 25mm
5532-P-609	PS Tibial Insert #6 – 9mm
5532-P-611	PS Tibial Insert #6 – 11mm
5532-P-613	PS Tibial Insert #6 – 13mm
5532-P-616	PS Tibial Insert #6 – 16mm
5532-P-619	PS Tibial Insert #6 – 19mm
5532-P-622	PS Tibial Insert #6 – 22mm
5532-P-625	PS Tibial Insert #6 – 25mm

Continued

Note: 5532-P-109 through 5532-P-125 are not available for sale in the US.

# Triathlon Knee System

## Express Instruments Surgical Protocol

Catalog #	Description
<b>PS Tibial Insert Part Numbers - Continued</b>	
5532-P-709	PS Tibial Insert #7 – 9mm
5532-P-711	PS Tibial Insert #7 – 11mm
5532-P-713	PS Tibial Insert #7 – 13mm
5532-P-716	PS Tibial Insert #7 – 16mm
5532-P-719	PS Tibial Insert #7 – 19mm
5532-P-722	PS Tibial Insert #7 – 22mm
5532-P-725	PS Tibial Insert #7 – 25mm
5532-P-809	PS Tibial Insert #8 – 9mm
5532-P-811	PS Tibial Insert #8 – 11mm
5532-P-813	PS Tibial Insert #8 – 13mm
5532-P-816	PS Tibial Insert #8 – 16mm
5532-P-819	PS Tibial Insert #8 – 19mm
5532-P-822	PS Tibial Insert #8 – 22mm
5532-P-825	PS Tibial Insert #8 – 25mm
<b>PS Tibial Insert - X3 Part Numbers</b>	
5532-G-109	PS Tibial Insert - X3 # 1 - 9mm
5532-G-111	PS Tibial Insert - X3 # 1 - 11mm
5532-G-113	PS Tibial Insert - X3 # 1 - 13mm
5532-G-116	PS Tibial Insert - X3 # 1 - 16mm
5532-G-119	PS Tibial Insert - X3 # 1 - 19mm
5532-G-122	PS Tibial Insert - X3 # 1 - 22mm
5532-G-125	PS Tibial Insert - X3 # 1 - 25mm
5532-G-209	PS Tibial Insert - X3 # 2 - 9mm
5532-G-211	PS Tibial Insert - X3 # 2 - 11mm
5532-G-213	PS Tibial Insert - X3 # 2 - 13mm
5532-G-216	PS Tibial Insert - X3 # 2 - 16mm
5532-G-219	PS Tibial Insert - X3 # 2 - 19mm
5532-G-222	PS Tibial Insert - X3 # 2 - 22mm
5532-G-225	PS Tibial Insert - X3 # 2 - 25mm
5532-G-309	PS Tibial Insert - X3 # 3 - 9mm
5532-G-311	PS Tibial Insert - X3 # 3 - 11mm
5532-G-313	PS Tibial Insert - X3 # 3 - 13mm
5532-G-316	PS Tibial Insert - X3 # 3 - 16mm
5532-G-319	PS Tibial Insert - X3 # 3 - 19mm
5532-G-322	PS Tibial Insert - X3 # 3 - 22mm
5532-G-325	PS Tibial Insert - X3 # 3 - 25mm

Continued

Catalog #	Description
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### PS Tibial Insert - X3 Part Numbers - Continued

5532-G-409	PS Tibial Insert - X3 # 4 - 9mm
5532-G-411	PS Tibial Insert - X3 # 4 - 11mm
5532-G-413	PS Tibial Insert - X3 # 4 - 13mm
5532-G-416	PS Tibial Insert - X3 # 4 - 16mm
5532-G-419	PS Tibial Insert - X3 # 4 - 19mm
5532-G-422	PS Tibial Insert - X3 # 4 - 22mm
5532-G-425	PS Tibial Insert - X3 # 4 - 25mm
5532-G-509	PS Tibial Insert - X3 # 5 - 9mm
5532-G-511	PS Tibial Insert - X3 # 5 - 11mm
5532-G-513	PS Tibial Insert - X3 # 5 - 13mm
5532-G-516	PS Tibial Insert - X3 # 5 - 16mm
5532-G-519	PS Tibial Insert - X3 # 5 - 19mm
5532-G-522	PS Tibial Insert - X3 # 5 - 22mm
5532-G-525	PS Tibial Insert - X3 # 5 - 25mm
5532-G-609	PS Tibial Insert - X3 # 6 - 9mm
5532-G-611	PS Tibial Insert - X3 # 6 - 11mm
5532-G-613	PS Tibial Insert - X3 # 6 - 13mm
5532-G-616	PS Tibial Insert - X3 # 6 - 16mm
5532-G-619	PS Tibial Insert - X3 # 6 - 19mm
5532-G-622	PS Tibial Insert - X3 # 6 - 22mm
5532-G-625	PS Tibial Insert - X3 # 6 - 25mm
5532-G-709	PS Tibial Insert - X3 # 7 - 9mm
5532-G-711	PS Tibial Insert - X3 # 7 - 11mm
5532-G-713	PS Tibial Insert - X3 # 7 - 13mm
5532-G-716	PS Tibial Insert - X3 # 7 - 16mm
5532-G-719	PS Tibial Insert - X3 # 7 - 19mm
5532-G-722	PS Tibial Insert - X3 # 7 - 22mm
5532-G-725	PS Tibial Insert - X3 # 7 - 25mm
5532-G-809	PS Tibial Insert - X3 # 8 - 9mm
5532-G-811	PS Tibial Insert - X3 # 8 - 11mm
5532-G-813	PS Tibial Insert - X3 # 8 - 13mm
5532-G-816	PS Tibial Insert - X3 # 8 - 16mm
5532-G-819	PS Tibial Insert - X3 # 8 - 19mm
5532-G-822	PS Tibial Insert - X3 # 8 - 22mm
5532-G-825	PS Tibial Insert - X3 # 8 - 25mm

Optional items are not included with standard configurations, but are available by request.

# Triathlon Knee System

## Express Instruments Surgical Protocol

Catalog #	Description
<b>CR Tibial Insert Part Numbers</b>	
5530-P-109	CR Tibial Insert #1 – 9mm
5530-P-111	CR Tibial Insert #1 – 11mm
5530-P-113	CR Tibial Insert #1 – 13mm
5530-P-116	CR Tibial Insert #1 – 16mm
5530-P-119	CR Tibial Insert #1 – 19mm
5530-P-209	CR Tibial Insert #2 – 9mm
5530-P-211	CR Tibial Insert #2 – 11mm
5530-P-213	CR Tibial Insert #2 – 13mm
5530-P-216	CR Tibial Insert #2 – 16mm
5530-P-219	CR Tibial Insert #2 – 19mm
5530-P-309	CR Tibial Insert #3 – 9mm
5530-P-311	CR Tibial Insert #3 – 11mm
5530-P-313	CR Tibial Insert #3 – 13mm
5530-P-316	CR Tibial Insert #3 – 16mm
5530-P-319	CR Tibial Insert #3 – 19mm
5530-P-409	CR Tibial Insert #4 – 9mm
5530-P-411	CR Tibial Insert #4 – 11mm
5530-P-413	CR Tibial Insert #4 – 13mm
5530-P-416	CR Tibial Insert #4 – 16mm
5530-P-419	CR Tibial Insert #4 – 19mm
5530-P-509	CR Tibial Insert #5 – 9mm
5530-P-511	CR Tibial Insert #5 – 11mm
5530-P-513	CR Tibial Insert #5 – 13mm
5530-P-516	CR Tibial Insert #5 – 16mm
5530-P-519	CR Tibial Insert #5 – 19mm
5530-P-609	CR Tibial Insert #6 – 9mm
5530-P-611	CR Tibial Insert #6 – 11mm
5530-P-613	CR Tibial Insert #6 – 13mm
5530-P-616	CR Tibial Insert #6 – 16mm
5530-P-619	CR Tibial Insert #6 – 19mm
5530-P-709	CR Tibial Insert #7 – 9mm
5530-P-711	CR Tibial Insert #7 – 11mm
5530-P-713	CR Tibial Insert #7 – 13mm
5530-P-716	CR Tibial Insert #7 – 16mm
5530-P-719	CR Tibial Insert #7 – 19mm
5530-P-809	CR Tibial Insert #8 – 9mm
5530-P-811	CR Tibial Insert #8 – 11mm
5530-P-813	CR Tibial Insert #8 – 13mm
5530-P-816	CR Tibial Insert #8 – 16mm
5530-P-819	CR Tibial Insert #8 – 19mm

Catalog #	Description
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### CR Tibial Insert - X3 Part Numbers

5530-G-109	CR Tibial Insert - X3 # 1 - 9mm
5530-G-111	CR Tibial Insert - X3 # 1 - 11mm
5530-G-113	CR Tibial Insert - X3 # 1 - 13mm
5530-G-116	CR Tibial Insert - X3 # 1 - 16mm
5530-G-119	CR Tibial Insert - X3 # 1 - 19mm
5530-G-209	CR Tibial Insert - X3 # 2 - 9mm
5530-G-211	CR Tibial Insert - X3 # 2 - 11mm
5530-G-213	CR Tibial Insert - X3 # 2 - 13mm
5530-G-216	CR Tibial Insert - X3 # 2 - 16mm
5530-G-219	CR Tibial Insert - X3 # 2 - 19mm
5530-G-309	CR Tibial Insert - X3 # 3 - 9mm
5530-G-311	CR Tibial Insert - X3 # 3 - 11mm
5530-G-313	CR Tibial Insert - X3 # 3 - 13mm
5530-G-316	CR Tibial Insert - X3 # 3 - 16mm
5530-G-319	CR Tibial Insert - X3 # 3 - 19mm
5530-G-409	CR Tibial Insert - X3 # 4 - 9mm
5530-G-411	CR Tibial Insert - X3 # 4 - 11mm
5530-G-413	CR Tibial Insert - X3 # 4 - 13mm
5530-G-416	CR Tibial Insert - X3 # 4 - 16mm
5530-G-419	CR Tibial Insert - X3 # 4 - 19mm
5530-G-509	CR Tibial Insert - X3 # 5 - 9mm
5530-G-511	CR Tibial Insert - X3 # 5 - 11mm
5530-G-513	CR Tibial Insert - X3 # 5 - 13mm
5530-G-516	CR Tibial Insert - X3 # 5 - 16mm
5530-G-519	CR Tibial Insert - X3 # 5 - 19mm
5530-G-609	CR Tibial Insert - X3 # 6 - 9mm
5530-G-611	CR Tibial Insert - X3 # 6 - 11mm
5530-G-613	CR Tibial Insert - X3 # 6 - 13mm
5530-G-616	CR Tibial Insert - X3 # 6 - 16mm
5530-G-619	CR Tibial Insert - X3 # 6 - 19mm
5530-G-709	CR Tibial Insert - X3 # 7 - 9mm
5530-G-711	CR Tibial Insert - X3 # 7 - 11mm
5530-G-713	CR Tibial Insert - X3 # 7 - 13mm
5530-G-716	CR Tibial Insert - X3 # 7 - 16mm
5530-G-719	CR Tibial Insert - X3 # 7 - 19mm
5530-G-809	CR Tibial Insert - X3 # 8 - 9mm
5530-G-811	CR Tibial Insert - X3 # 8 - 11mm
5530-G-813	CR Tibial Insert - X3 # 8 - 13mm
5530-G-816	CR Tibial Insert - X3 # 8 - 16mm
5530-G-819	CR Tibial Insert - X3 # 8 - 19mm

Optional items are not included with standard configurations, but are available by request.



# Triathlon Knee System

## Express Instruments Surgical Protocol

Catalog #	Description
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### Symmetric Patella Part Numbers

5550-L-278	Symmetric Patella S27mm x 8mm
5550-L-298	Symmetric Patella S29mm x 8mm
5550-L-319	Symmetric Patella S31mm x 9mm
5550-L-339	Symmetric Patella S33mm x 9mm
5550-L-360	Symmetric Patella S36mm x 10mm
5550-L-391	Symmetric Patella S39mm x 11mm

### Symmetric Patella - X3 Part Numbers

5550-G-278	Symmetric Patella - X3 - S27mm x 8mm
5550-G-298	Symmetric Patella - X3 - S29mm x 8mm
5550-G-319	Symmetric Patella - X3 - S31mm x 9mm
5550-G-339	Symmetric Patella - X3 - S33mm x 9mm
5550-G-360	Symmetric Patella - X3 - S36mm x 10mm
5550-G-391	Symmetric Patella - X3 - S39mm x 11mm

### Asymmetric Patella Part Numbers

5551-L-299	Asymmetric Patella A29mm (S/I*) x 9mm
5551-L-320	Asymmetric Patella A32mm (S/I*) x 10mm
5551-L-350	Asymmetric Patella A35mm (S/I*) x 10mm
5551-L-381	Asymmetric Patella A38mm (S/I*) x 11mm
5551-L-401	Asymmetric Patella A40mm (S/I*) x 11mm

### Asymmetric Patella - X3 Part Numbers

5551-G-299	Asymmetric Patella - X3 - A29mm (S/I*) x 9mm
5551-G-320	Asymmetric Patella - X3 - A32mm (S/I*) x 10mm
5551-G-350	Asymmetric Patella - X3 - A35mm (S/I*) x 10mm
5551-G-381	Asymmetric Patella - X3 - A38mm (S/I*) x 11mm
5551-G-401	Asymmetric Patella - X3 - A40mm (S/I*) x 11mm

### Modular Femoral Distal Fixation Peg Part Number

5575-X-000	Modular Femoral Distal Fixation Peg (2 per pack)
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\* S/I = Superior/Inferior

Catalog #	Description	Cementless
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### PS Femoral Cementless Component - Beaded Part Numbers

5514-F-101	PS Femoral Component - Beaded - #1, Left	
5514-F-102	PS Femoral Component - Beaded - #1, Right	
5514-F-201	PS Femoral Component - Beaded - #2, Left	
5514-F-202	PS Femoral Component - Beaded - #2, Right	
5514-F-301	PS Femoral Component - Beaded - #3, Left	
5514-F-302	PS Femoral Component - Beaded - #3, Right	
5514-F-401	PS Femoral Component - Beaded - #4, Left	
5514-F-402	PS Femoral Component - Beaded - #4, Right	
5514-F-501	PS Femoral Component - Beaded - #5, Left	
5514-F-502	PS Femoral Component - Beaded - #5, Right	
5514-F-601	PS Femoral Component - Beaded - #6, Left	
5514-F-602	PS Femoral Component - Beaded - #6, Right	
5514-F-701	PS Femoral Component - Beaded - #7, Left	
5514-F-702	PS Femoral Component - Beaded - #7, Right	
5514-F-801	PS Femoral Component - Beaded - #8, Left	
5514-F-802	PS Femoral Component - Beaded - #8, Right	

### PS Femoral Cementless Component - Beaded with Peri-Apatite Part Numbers

5516-F-101	PS Femoral Component - Beaded w/PA - #1, Left	
5516-F-102	PS Femoral Component - Beaded w/PA - #1, Right	
5516-F-201	PS Femoral Component - Beaded w/PA - #2, Left	
5516-F-202	PS Femoral Component - Beaded w/PA - #2, Right	
5516-F-301	PS Femoral Component - Beaded w/PA - #3, Left	
5516-F-302	PS Femoral Component - Beaded w/PA - #3, Right	
5516-F-401	PS Femoral Component - Beaded w/PA - #4, Left	
5516-F-402	PS Femoral Component - Beaded w/PA - #4, Right	
5516-F-501	PS Femoral Component - Beaded w/PA - #5, Left	
5516-F-502	PS Femoral Component - Beaded w/PA - #5, Right	
5516-F-601	PS Femoral Component - Beaded w/PA - #6, Left	
5516-F-602	PS Femoral Component - Beaded w/PA - #6, Right	
5516-F-701	PS Femoral Component - Beaded w/PA - #7, Left	
5516-F-702	PS Femoral Component - Beaded w/PA - #7, Right	
5516-F-801	PS Femoral Component - Beaded w/PA - #8, Left	
5516-F-802	PS Femoral Component - Beaded w/PA - #8, Right	

Optional items are not included with standard configurations, but are available by request.

# Triathlon Knee System

## Express Instruments Surgical Protocol

Catalog #	Description	Cementless
<b>CR Femoral Cementless Component - Beaded Part Numbers</b>		
5513-F-101	CR Femoral Component - Beaded - #1, Left	
5513-F-102	CR Femoral Component - Beaded - #1, Right	
5513-F-201	CR Femoral Component - Beaded - #2, Left	
5513-F-202	CR Femoral Component - Beaded - #2, Right	
5513-F-301	CR Femoral Component - Beaded - #3, Left	
5513-F-302	CR Femoral Component - Beaded - #3, Right	
5513-F-401	CR Femoral Component - Beaded - #4, Left	
5513-F-402	CR Femoral Component - Beaded - #4, Right	
5513-F-501	CR Femoral Component - Beaded - #5, Left	
5513-F-502	CR Femoral Component - Beaded - #5, Right	
5513-F-601	CR Femoral Component - Beaded - #6, Left	
5513-F-602	CR Femoral Component - Beaded - #6, Right	
5513-F-701	CR Femoral Component - Beaded - #7, Left	
5513-F-702	CR Femoral Component - Beaded - #7, Right	
5513-F-801	CR Femoral Component - Beaded - #8, Left	
5513-F-802	CR Femoral Component - Beaded - #8, Right	

### CR Femoral Cementless Component - Beaded with Peri-Apatite Part Numbers

5517-F-101	CR Femoral Component - Beaded w/PA - #1, Left	
5517-F-102	CR Femoral Component - Beaded w/PA - #1, Right	
5517-F-201	CR Femoral Component - Beaded w/PA - #2, Left	
5517-F-202	CR Femoral Component - Beaded w/PA - #2, Right	
5517-F-301	CR Femoral Component - Beaded w/PA - #3, Left	
5517-F-302	CR Femoral Component - Beaded w/PA - #3, Right	
5517-F-401	CR Femoral Component - Beaded w/PA - #4, Left	
5517-F-402	CR Femoral Component - Beaded w/PA - #4, Right	
5517-F-501	CR Femoral Component - Beaded w/PA - #5, Left	
5517-F-502	CR Femoral Component - Beaded w/PA - #5, Right	
5517-F-601	CR Femoral Component - Beaded w/PA - #6, Left	
5517-F-602	CR Femoral Component - Beaded w/PA - #6, Right	
5517-F-701	CR Femoral Component - Beaded w/PA - #7, Left	
5517-F-702	CR Femoral Component - Beaded w/PA - #7, Right	
5517-F-801	CR Femoral Component - Beaded w/PA - #8, Left	
5517-F-802	CR Femoral Component - Beaded w/PA - #8, Right	

Catalog #	Description	Cementless
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### Primary Tibial Baseplate - Beaded Part Numbers

5523-B-100	Primary Tibial Baseplate - Beaded - #1	
5523-B-200	Primary Tibial Baseplate - Beaded - #2	
5523-B-300	Primary Tibial Baseplate - Beaded - #3	
5523-B-400	Primary Tibial Baseplate - Beaded - #4	
5523-B-500	Primary Tibial Baseplate - Beaded - #5	
5523-B-600	Primary Tibial Baseplate - Beaded - #6	
5523-B-700	Primary Tibial Baseplate - Beaded - #7	
5523-B-800	Primary Tibial Baseplate - Beaded - #8	

### Primary Tibial Baseplate - Beaded with Peri-Apatite Part Numbers

5526-B-100	Primary Tibial Baseplate - Beaded w/PA - #1	
5526-B-200	Primary Tibial Baseplate - Beaded w/PA - #2	
5526-B-300	Primary Tibial Baseplate - Beaded w/PA - #3	
5526-B-400	Primary Tibial Baseplate - Beaded w/PA - #4	
5526-B-500	Primary Tibial Baseplate - Beaded w/PA - #5	
5526-B-600	Primary Tibial Baseplate - Beaded w/PA - #6	
5526-B-700	Primary Tibial Baseplate - Beaded w/PA - #7	
5526-B-800	Primary Tibial Baseplate - Beaded w/PA - #8	

### Asymmetric Metal-Backed Patella - Beaded with Peri-Apatite Part Numbers

5554-L-320	Asymmetric Metal-Backed Patella - Beaded w/PA - A32mm x 10mm	
5554-L-350	Asymmetric Metal-Backed Patella - Beaded w/PA - A35mm x 10mm	
5554-L-381	Asymmetric Metal-Backed Patella - Beaded w/PA - A38mm x 11mm	
5554-L-401	Asymmetric Metal-Backed Patella - Beaded w/PA - A40mm x 11mm	

Optional items are not included with standard configurations, but are available by request.





# Triathlon Knee System

## Express Instruments Surgical Protocol

### Warnings and Precautions

#### Indications

General Total Knee Arthroplasty (TKR) Indications include:

- Painful, disabling joint disease of the knee resulting from: non-inflammatory degenerative joint disease (including osteoarthritis, traumatic arthritis or avascular necrosis) or rheumatoid arthritis.
- Post-traumatic loss of knee joint configuration and function.
- Moderate varus, valgus, or flexion deformity in which the ligamentous structures can be returned to adequate function and stability.
- Revision of previous unsuccessful knee replacement or other procedure.
- Fracture of the distal femur and/or proximal tibia that cannot be stabilized by standard fracture management techniques.

#### Contraindications

- Any active or suspected latent infection in or about the knee joint.
- Distant foci of infection which may cause hematogenous spread to the implant site.
- Any mental or neuromuscular disorder which would create an unacceptable risk of prosthesis instability, prosthesis fixation failure, or complications in postoperative care.
- Bone stock compromised by disease, infection or prior implantation which cannot provide adequate support and/or fixation to the prosthesis.
- Skeletal immaturity.
- Severe instability of the knee joint secondary to the absence of collateral ligament integrity and function.
- Obesity. An overweight or obese patient can produce loads on the prosthesis which can lead to failure of the fixation of the device or to failure of the device itself. See package insert for warnings, precautions, adverse effects and other essential product information.

#### Adverse Effects

- While the expected life of total knee replacement components is difficult to estimate, it is finite. These components are made of foreign materials which are placed within the body for the potential restoration of mobility or reduction of pain. However, due to the many biological, mechanical and physicochemical factors which affect these devices but cannot be evaluated *in vivo*, the components cannot be expected to indefinitely withstand the activity level and loads of normal healthy bone. Surgeons should counsel patients against having unrealistic expectations about the lifetime of the device.
- Dislocation of the femoral, tibial, or patellar prosthesis can occur due to inappropriate patient activity, trauma or other biomechanical considerations.
- Loosening of total knee components can occur. Early mechanical loosening may result from inadequate initial fixation, latent infection, premature loading of the prosthesis, component malalignment or trauma. Late loosening may result from trauma, infection, biological complications including osteolysis, or mechanical problems, with the subsequent possibility of bone erosion and/or pain.
- Fatigue fracture of total knee components, including tibial, femoral and patellar components, has occurred in a small percentage of cases. Knee component fracture may result due to inadequate support of the component by the underlying bone or poor component fixation.
- Peripheral neuropathies, nerve damage, circulatory compromise and heterotopic bone formation may occur.
- Serious complications may be associated with any total joint replacement surgery. These complications include, but are not limited to: genitourinary disorders; gastrointestinal disorders; vascular disorders, including thrombus; bronchopulmonary disorders, including emboli; myocardial infarction or death.

- Wear of polyethylene components has occurred and literature reports have associated its occurrence with bone resorption, loosening and infection.
- Metal sensitivity reactions have been reported following joint replacement.
- Adverse effects may necessitate reoperation, revision, arthrodesis of the involved joint, and/or amputation of the limb.
- Soft tissue imbalance and/or laxity has been related to component malalignment, which may result in early wear and/or failure of the implant.
- With all implant devices, asymptomatic, localized progressive bone resorption (osteolysis) may occur around the prosthetic components as a consequence of foreign-body reaction to the particulate matter of cement, metal, ultra-high molecular weight polyethylene (UHMWPE) and/or ceramic. Particulate is generated by interaction between components, as well as between components and bone, primarily through wear mechanisms of adhesion, abrasion and fatigue. Secondly, particulate can also be generated by third-body wear. Osteolysis can lead to future complications, including loosening, necessitating the removal and replacement of prosthetic components.
- It is known that very small particles from metal and polyethylene components can be shed from the component during normal use and over time. Although most of this debris stays in the relevant joint (e.g. contained in the synovium) or is trapped by surrounding scar tissue, microscopic particles can possibly travel or migrate outside of the joint to different parts of the body. Currently, there are unanswered questions about debris and microscopic particles that can be generated from these components. It has been shown that microscopic debris particles can be disseminated (migrate) throughout the body and on occasion have been described as accumulating in lymph nodes and other parts of the body. Although to date no significant medical complications have been reported as a result of these particles, their migration and/or accumulation in the body have been described in the literature. Given the insufficient time period during which patients with these devices have been followed and the fact that these devices are currently being used in younger patients and remain in the body for increasingly longer periods of time, it should be said that the long-term effects, if any, from these particles, is unknown. The long-term effects that have been theorized include:
  - Cancer: There is presently no scientific evidence that links metallic or polyethylene debris with cancer. However, the possibility cannot be ruled out.
  - Lymphadenopathy and Accumulation in Other Tissues/Organs: There have been a few reports of the accumulation of wear debris in lymph nodes (proximate and distal). Although no medical complications or disease process has been reported as stemming from these accumulations, their existence should be recognized to facilitate diagnosis and avoid confusion with suspicious lesions, cancerous or otherwise.
  - Systemic Disease: There has been some speculation that there could be an association between migration of debris and as yet unspecified systemic effects. No case studies or other reports have been published suggesting any such possibility. Again, given the limited time period during which patients receiving these implants have been followed, it cannot be scientifically proven that some long-term effect may not show up in the future. Given the dearth of scientific data suggesting any association is by the use of these materials for several decades, it is strongly believed that the benefits of these devices clearly outweigh the potential risks for any such theoretical long-term effect.

#### Patient Counseling

Surgeons should discuss all relevant contraindications, adverse effects and the need for post-implantation protection with their patients.





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